THE ANCHOR NEWS

YOUR ANCHOR IN THE COMMUNITY
Since 1975

NOVEMBER-DECEMBER 2026 EDITION

ST. JOSEPH-LINCOLN SENIOR SERVICE CENTER

3271 Lincoln Avenue
St. Joseph, MI 49085

HOURS OF OPERATION

Monday through Friday
8 AM - 4 PM
All doors except for main entrance (door #1) will be locked at 3 PM.

Phone: (269) 429-7768
director@sjlsc.org

CONTENTS

Notes From the Board.....1
What We Have to Offer.....2
Volunteers.....3
Center News.....4-5
Consistent Programs.....6
Let's Get Physical.....6
Donation Opportunities.....8
Current Fundraisers.....8
Thank You Donors.....9
Programs.....12-13
Trips.....14-15
Important Reminders.....16-17
Wood Shop.....18
Recurring Schedule.....19
Monthly Activities.....20

Find us on: facebook

www.sjlsc.org

SECURING OUR FUTURE: A MESSAGE FROM THE PRESIDENT

The SJLSSC Board of Directors devised a new direction for increasing the Center's income this year. In addition to "Your Center, Your Future!", our fund raising request to our members and to the community, we're trying an approach to increasing our millage from Berrien County in future years. As I've mentioned in previous articles, each Berrien County Senior Center's share of the millage has a tendency to increase on a yearly basis due to the increased tax valuation of property in the county. Because of our Center's tremendous growth in membership, the addition of new programs for our members, and increasing inflation, our expenses are growing faster each year. The year over year millage increases aren't keeping up with our growth.

Our new direction: We've analyzed the property values in each of the seven Senior Centers' service areas in the county, and the population of seniors in their area. At first, we proposed that each Center should receive the same millage value per member in their area that is served by that Center. This resulted in smaller Centers receiving much lower millage amounts than the larger Centers. Needless to say, only the Centers that would be getting millage increases were in favor of this suggestion. Because the County Board of Commissioners has representatives from each of the Centers in the county, they were not interested in moving away from the even-millage split currently used for all seven Centers.

The fallacy here is that most Centers allow seniors from all over Berrien County to be members. Several of the Centers, including ours, offer memberships to all seniors regardless of their home address.

We now propose that each Center will receive, at a minimum, the same millage amount they received this year. Under this proposal, no Center will have their millage cut. The increase for each Center in next year's millage, due to property tax value increases, will be used to offset the effects of inflation. We're proposing that about one percent of the increase be used to assist the Centers serving the largest membership per day.

Not all Centers have installed "My Senior Center" computer systems that allow them to collect statistics showing the number of unduplicated members served per day. Without such a system, it will be all but impossible for the County Board of Commissioners to get accurate, comparable information from each Center. Until they have this reliable data to analyze, this will be a difficult task.

We have asked the Commissioners to conduct a meeting of representatives from each of the seven Centers to discuss this proposal. I'm not holding my breath for this change of direction. Until then, please assist us in meeting our expenses in the next fiscal year by giving what you can to the "Your Center, Your Future!" campaign. We'll keep you posted on our progress with our millage distribution proposal.

Bob Hopkins, SJLSSC Board President

2026 HOLIDAY PARTY: WINTER WONDERLAND

Friday, December 4th
Gym doors open at 10:30 am
Lunch served at 12:00 pm
$15/person, NO REFUNDS
DEADLINE TO SIGN UP NOV. 25th

See Page 13

SJLSSC WILL BE CLOSED:

Nov. 5th for Staff Day
Nov. 26th & 27th for Thanksgiving
Dec. 4th for the Christmas Party
Dec. 24th, 25th, 30th & 31st for Christmas and New Year holidays

WHAT'S HAPPENING AROUND THE CENTER

HOLIDAY NEWSLETTER UPDATE

Please note that our November and December newsletters have been combined into one special issue! Look inside this issue for details on all Center programs, holiday activities, and events running through the end of 2026—plus programs taking place the first two weeks of January.



2026 BOARD OF DIRECTORS ELECTION RESULTS



Thank you to all eligible SJLSSC members who took the time to cast your vote in the 2026 election. We are happy to welcome to the SJLSSC Board of Directors incumbent Board Members Gary Krokker, Dave Roback and Cheryl Ryno, as well as former Board Member, Tim Kragt. Many thanks to Mark Johnson for your years of dedicated service on our Board of Directors. You will be greatly missed.

ANNUAL BAKELESS BAKE SALE

You don't need an oven or an apron to participate in the SJLSSC Annual Bakeless Bake Sale! The concept is simple: instead of providing a physical dessert, supporters are asked to make a financial gift of any size to support SJLSSC. **Donations can be mailed or dropped at the Center through the end of December using the envelope provided in this issue of the newsletter.** All proceeds will go directly toward the *Your Center, Your Future!* campaign to help mitigate rising costs. As a non-profit, SJLSSC heavily relies on the generosity of donors and every donation, no matter the size, will help to make this fundraiser a sweet success.

VETERAN'S DAY BREAKFAST



Starks and Menchinger Funeral Homes will once again sponsor our Veteran's Day Breakfast at 9:00 am on Wednesday, November 11th. Veterans and their spouses are invited to join us for a morning of food, fellowship, and heartfelt thanks for those who have served our nation. **Please sign up by Wednesday, November 4th.**

WHAT WE HAVE TO OFFER

- Arts & Crafts
- Betty Kohn Outdoor Fitness Zone
- Bingo
- Board Games
- Book Club
- Bowling Group (Seasonal)
- Cards/Games
- Choir
- Community Resource Center
- Educational Programs
- Exercise Room - 8:30 am-3:15 pm
- Fitness Classes
- Foot Clinic
- Friendship Garden (Seasonal)
- Garden Nook
- Golf League (Seasonal)
- Hanes Family Wild Flower Trail
- Healthy Eats - 11:30 am-1:00 pm ***NEW HOURS***
- Learning Lab
- Lending Library
- Loan Closet
- Pickleball
- Priscilla Upton Byrns Walking Trail & Gardens
- Puzzles (to take home)
- Softball (Seasonal)
- Transportation In Our Service Area
- Trips
- Ukulele Classes
- Volunteer Opportunities
- Website & Facebook
- Website Videos - Exercise Classes, How to Use Exercise Room & Fitness Zone Equipment
- Wood Shop - 8:30 am-3:30 pm (open Wed. from 1:45-3:30 pm through 11/4)

WE LOVE OUR VOLUNTEERS

VOLUNTEERS NEEDED



If you are looking for ways to give back to the community or if you have extra time in your schedule, we need you! We are in need of volunteers in the following areas:

- Bingo Set Up & Tear Down
- Entrance Greeters
- Transportation Drivers
- Vegetable Gardeners
- Wood Shop Hosts

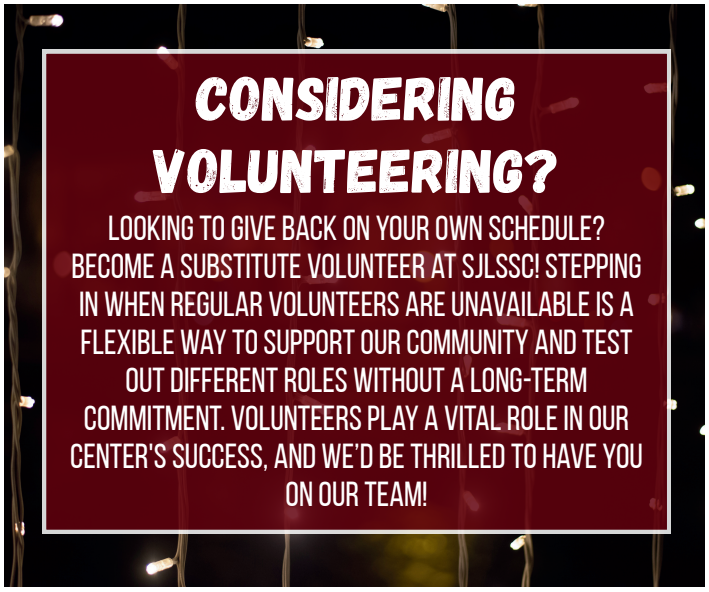
Ready to volunteer at SJLSSC? Talk to Jill, our Volunteer Coordinator, to find the perfect fit for you!

VOLUNTEERS AROUND THE CENTER


GARDEN VOLUNTEERS


CARD-IOLOGY VOLUNTEERS





FEATURED VOLUNTEER ROLES

Please contact Jill, SJLSSC Volunteer Coordinator, for more information about available Volunteer positions.



Center Transportation Driver

Looking for a meaningful way to connect with your neighbors? The Senior Center is seeking volunteer drivers to assist members who need transportation to medical appointments and Center programs. If you have a little extra time and a warm smile to share, volunteering as a driver is a rewarding way to make a real difference in a neighbor's life.

BACKGROUND CHECKS ARE PERFORMED ON ALL VOLUNTEERS TO ENSURE THE SAFETY OF OUR MEMBERS AND FOR THE CREDIBILITY OF OUR CENTER.

CENTER NEWS

WARM HOLIDAY WISHES



As the year ends, we wish SJLSSC members a joyful and peaceful holiday season. Thank you for making our Senior Center such a warm and vibrant community through your energy, friendship, and participation. It has been a true pleasure spending time with you throughout the year, and the Board and Staff look forward to creating many more wonderful memories with our members in the New Year!

JOIN THE CENTER TODAY!

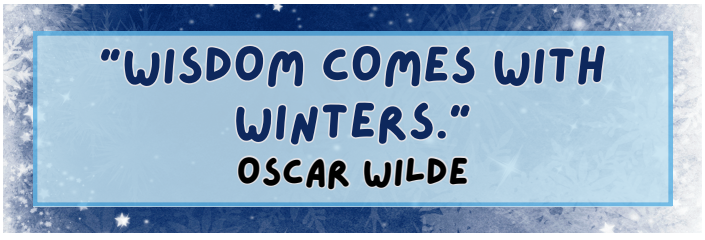


To participate in any of our fantastic events and programs—including our exercise rooms, trips, Wood Shop and all classes—you MUST be a registered member. The best part? Membership is completely free for anyone aged 60 and older! Please stop by the front desk today to sign up, get a tour of the facility, and start enjoying everything we have to offer.

MDHHS BENEFITS ASSISTANCE AVAILABLE



Navigating Medicare premiums, utility shut-off notices, or rising food costs can be overwhelming, but you don't have to do it alone. The Center is fortunate to host a retired Michigan Department of Health and Human Services (MDHHS) employee, serving as a dedicated MDHHS Volunteer, to assist members. Seniors can schedule a private, confidential appointment to explore qualifications for vital state assistance and public support services. **Please contact the front desk for more information.**





BUILDING TEMPERATURES

In addition to the kaleidoscope of colors on our trees, autumn also ushers in cooler temperatures. We do our best to keep thermostats in the building set to temperatures that will be comfortable for most. This means that rooms with exercise programs will be set at cooler temps. Please keep in mind that we all have different comfort levels and we ask that members please dress accordingly for yours.



CENTER NEWS

SPREAD THE WARMTH THIS WINTER!



As chilly weather arrives, help us keep local elementary students cozy. From November 2nd through December 11th, we are collecting new gloves and mittens for children in need. Simply hang your donation on the tree in the main entrance hallway. Thank you for filling our branches with warmth, kindness, and holiday spirit!

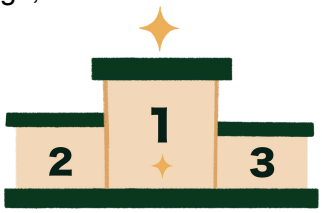
DID YOU KNOW?

SJLSSC is the place to be! This past August, we welcomed an **average of 427 visitors through our doors every single day.** Over the last fiscal year (Oct. 1, 2025 – Sept. 30, 2026), we welcomed 1,001 new members and served 4,276 unique individuals across our programs and activities.Thank you for making our Center such a thriving, vibrant place to be!



GO FOR THE GOLD!

Congratulations to SJLSSC member Rickie Lyon on taking GOLD at the 2026 Michigan Senior Olympics Summer Games! Competing on Saturday, August 29th at Row House in Beverly Hills, Michigan, Rickie dominated the 2000-meter rowing event in the Women's 70+ age group. Way to go, Rickie!

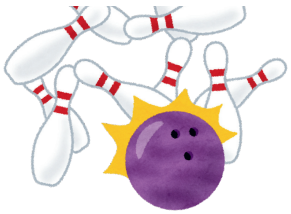




HIT THE LANES WITH SJLSSC!







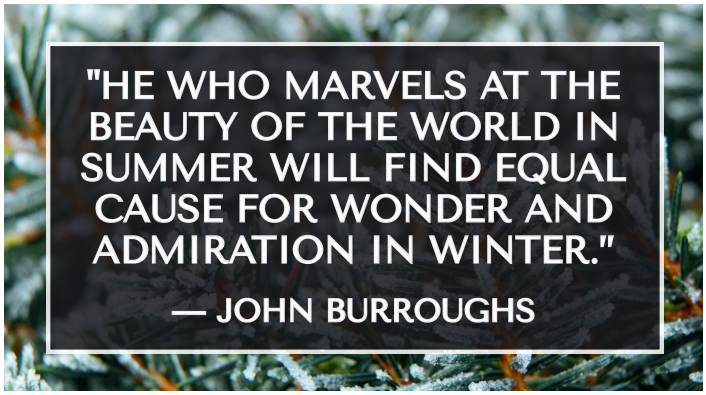


Looking for a fun way to stay active and catch up with friends? Join us for weekly bowling at Striker's Bowl (2705 Cleveland Ave, St. Joseph) every Wednesday at 12:45 PM through November 18th! Open to all skill levels, it's just $10 per game plus $2 for shoe rental. No experience or advance registration needed—simply drop by the lanes and join in on the fun!

SNOWBIRD REMINDER

Heading south for the winter? If you receive our newsletter by mail, please contact us with your departure date to temporarily pause your subscription, then notify us when you return to resume it. Each returned newsletter costs the Center a $1.07 USPS fee, which quickly adds up. Your help in keeping our mailing costs down is greatly appreciated!





CONSISTENT MONTHLY PROGRAMS

BOOK CLUB

Wednesday, November 11th, 10:00 am

Join in as Sally Huling will be leading the group in a discussion about the book *Vera Wong's Unsolicited Advice for Murders* by Jesse Q. Sutanto.

Wednesday, December 9th, 10:00 am

The Book Club is trading their December book for holiday cheer and celebrating the season with a festive Holiday Party! All Book Club members are invited to join the festive celebration.

CARD-IOLOGY

Friday, Nov. 6th, 11:00 am-3:30 pm - Thanksgiving
Friday, Dec. 11th, 11:00 am-3:30 pm - Holiday/Happy New Year
Friday, Jan. 8th, 11:00 am-3:30 pm - Theme TBD

Attention card crafters: spread some sunshine! Drop in anytime to craft custom greeting cards for local assisted living residents. All skill levels welcome, and all supplies are provided—or bring your favorite tools from home. No pre-registration required!

COOKIES & CANVAS

$20 per person, per class, payable at signup
Make checks payable to Roy Hruska - NO REFUNDS
Friday, Nov. 20th, 12:00-3:00 pm - Painting titled "Halls Apple Farm". REGISTER BY NOV. 18th.
Friday, Dec. 18th, 12:00-3:00 pm - Painting titled "Christmas Wishes". REGISTER BY DEC. 16th
Friday, Jan. 15th, 12:00-3:00 pm - TBD

The watercolor painting is on a 9"x12" canvas. All materials needed are provided. **Class size is limited and advance registration is required.**

STAMP CAMP



$20 per person, per class, payable at sign up
Make checks payable to Caryn McFall
NO REFUNDS

Tuesday, November 24th, 11:00 am-3:30 pm
Holiday cards with religious/secular designs
REGISTER BY NOVEMBER 20TH

Tuesday, December 8th, 11:00 am-3:30 pm
Holiday focus continues
REGISTER BY DECEMBER 3RD

Join us for card crafting, cookies, and fun! Create Thanksgiving and Christmas cards at your own pace with provided supplies and instructions. No experience needed. **Class size is limited; register in advance! Bring small scissors and double-sided tape**.

FOOT CLINIC

By Appointment Only

Darlene Anderson, RN of Bless Your Feet, LLC performs Foot Clinics at our Center two times per month. Please contact Darlene at 540-333-4596 for appointments and with any questions about the service. This service is available to our members, but is not a function of our Senior Center.

LET'S GET PHYSICAL

SJLSSC EXERCISE ROOMS
HOURS OF OPERATION
Monday - Friday 8:30 am-3:15 pm

USING SJLSSC EXERCISE ROOM EQUIPMENT



Before using the Exercise Room equipment, ALL SJLSSC members are required to sign a Circuit Training Room Waiver AND attend a free, scheduled 30-minute orientation covering equipment utilization and safety. To schedule an orientation, please visit the Exercise Room in person during its operating hours. Please check in at one of the hallway monitors before your orientation appointment and each time you enter the building.

FITNESS CLASSES

Regularly attending our recurring fitness classes boosts both physical and mental well-being. For optimal comfort and safety, please wear loose clothing and supportive shoes with smooth leather or composition soles. We're continuing our new feature! In every issue, look out for a spotlight on one of our recurring classes and how it can support your health (see page 19 for a listing of the recurring program schedule).



RESISTIVE EXERCISE
Monday-Thursday, 9:00 am

Build posture, core stability, and overall mobility with this full-body strength class! Using both seated and standing movements, you will strengthen your arms, legs, and core while improving flexibility—helping you stay strong, active, and balanced. (Moderate Activity)

Chaz the Rug Doctor



Convenient In-Home Carpet Cleaning

Area & Wall to Wall Deep Cleaning

Senior Oriented

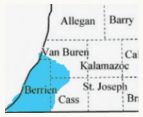
(269) 285-5855

CORNERSTONE CAREGIVING ST. JOSEPH, MI



NON-SKILLED SUPPORTIVE AND PERSONAL CARE THAT CAN START SAME DAY!

ST. JOSEPH TERRITORY



ACCEPTED PAYMENT METHODS

Private Pay
VA Benefits
Long-term Care Insurance
Medicare GUIDE Program

Cornerstone CAREGIVING

(269) 247-4565

www.CornerstoneCaregiving.com

NAMICARELLI@CORNERSTONECAREGIVING.COM

Passaro, Kahne, Taylor, Thompson & Pierangeli Law Offices, P.L.L.C.

your local common-sense legal team

685 West Main Street, Benton Harbor, MI 49022 | (269) 983-0325 | passarokahne.com
17656A US Highway 12, New Buffalo, MI 49117 | (269) 469-5297 | Fax: (269) 983-0328

Serving Seniors...

- Medicaid Applications
- Veterans Benefits • Real Estate
- Wills, Trusts, Powers of Attorney
- Estate Administration

Contact Lori M. Thompson for additional information:

269-983-0325

lori@passarokahne.com

Starks

Family Funeral Homes & Cremation Services

St. Joseph **Dowagiac**
Berrien Springs **South Haven**

www.starksfamilyfh.com 269-556-9450



We're Hiring Ad Sales Executives

- Paid Training
- Full-time with Benefits

Visit www.lpicommunities.com/careers

Lakeside Pulmonary Medicine

A breath of *fresh air*

NOW ACCEPTING NEW PATIENTS

What We Treat:

COPD • Asthma • Chronic Cough/Bronchitis
Shortness of Breath • Pulmonary Fibrosis
Lung Mass

Compassionate care for lung health and easier breathing-so you can enjoy every moment.



(269) 588-1994

www.lakesidepulmonarymedicine.com
435 Upton Dr., St. Joseph, MI 49085

Legacy Counsel PLC

TRUST & ESTATES LAW

Gwendolyn Powell Braswell



- Wills & Trusts
- Powers of Attorney
- Avoid Probate
- Guardianships
- Medicaid Planning

269.222.7480

www.legacy-counsel.com

500 Renaissance Dr., Ste. 104A, Saint Joseph, MI 49085

IMS Insurance Management Service

Auto-Owners INSURANCE

LIFE • HOME • CAR • BUSINESS

501 Main Street St. Joseph, MI
269-983-7101

214 N. 4th Street Niles, MI
269-683-4900

(269) 930-0257

@properties

ANNE ODDEN

CHRISTIE'S INTERNATIONAL REAL ESTATE

Discover Exceptional Senior Living at The Whitcomb

THE WHITCOMB SENIOR LIVING TOWER

COMFORT • CARE • COMMUNITY

509 Ship Street
St. Joseph, MI 49085
www.whitcombretirement.com
269-944-7480



INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE

DONATION OPPORTUNITIES

There are many ways to donate to our non-profit 501(c)3 corporation and assist us in continuing to provide many services to our members.



YOUR CENTER, YOUR FUTURE!

This campaign will direct donations to cover maintenance costs, utilities, and other operational expenses which continue to increase due to inflation and our extreme membership growth. Please consider making a one-time, monthly or yearly donation to support our Center. Your donation can be made at the front desk or online by visiting https://bit.ly/SJLSSC or scanning the QR code to make a safe, no-cost, online payment via the Zeffy platform. Your financial support is vital in creating a brighter future for Your Center.

HONORARY DONATIONS

Made in honor of someone who has enriched your life.

MEMORIAL DONATIONS

Made in memory of a friend or loved one who has passed away.

PROGRAM DONATIONS

Designate a donation for a particular program we offer at the Senior Center; Exercise Room, exercise classes, transportation program, Wood Shop, or to one of our outside areas; the Walking Trail, Friendship Garden, or the Wild Flower Trail.

WALKING TRAIL BRICKS

Give a lasting tribute to someone special by purchasing a commemorative brick on the walk around the flagpoles of the Priscilla Upton Byrns Walking Trail & Gardens. Order forms are available at the front desk, by email or mail. Orders will be available in June 2027.

CURRENT FUNDRAISERS

EAT OUR DUST FUNDRAISER

The SJLSSC Wood Shop is growing, so the group has launched the “Eat Our Dust 2.0” fundraiser—marking our second system upgrade since opening in 2022! We need to raise approximately $125,000 for a new air filtration system to keep our crafters breathing clean, safe air. Between this year-long campaign and potential grants, every dollar helps. Please consider donating at the front desk, earmarked "Air Filtration Wood Shop."

WOOD SHOP CUTTING BOARDS FUNDRAISER



Just in time for holiday entertaining and gift-giving, orders for our handcrafted Wood Shop cutting boards can now be placed at the front desk. Perfect for a stunning Thanksgiving charcuterie spread, these custom boards make thoughtful gifts for loved ones—or yourself. Want a personal touch? We offer custom engraving ready in about 5 business days! Unengraved boards will also be available for immediate pickup while supplies last. Make your holiday shopping easy this year with a unique, locally crafted gift!

Cutting boards pricing:
10x16: $50
10x18: $60
$10 per side for custom engraving



TEXAS CORRAL FUNDRAISER SUCCESS!

A heartfelt thank you to everyone who supported our Texas Corral fundraiser in August. Your turnout raised $778.58 for the SJLSSC Building Fund, helping us offset rising operational expenses. We truly appreciate your continued generosity and support!

THANK YOU DONORS

GOODIES & SNACKS



Sandra Kay's, Flour Shop, Woodland Terrace, Sharon Kabel, Ann Stedman, Hue Le, Dolores Frantz, Margaret O'Neill, Tina O'Leary, Sheryl Paloucek, Linda Kincade, Michelle Wloch, Robin Vibbert, Ellen Seidler, Lisa Hilton, Robert Riccio, Rick Freridge, Sue Szymczak, Pam Duffy, Mary Donald, Bob McDowell, Bruce & Cindi Bentsen, Celina Bevelhymer, Betty Ramsey, Kevin & Dana Emans and Phil Langer

ITEMS THAT BENEFIT THE CENTER

Kilwin's St Joseph, Chan's Gardens, Medic One, Jerry Hanes, Pauline Fox, Nancy Kodis, Tim Kragt, Frank Alsup, Janet Lietz, Louise Mueller, Dana Gray, Dolores Frantz, Else Elsner, Beth Wallace, LeeRoy Stelter, Sally Caldwell, Betty Ramsey, Aileen Vandekoppel, Jeannette Jeske, Christina Woerdehoff, Marc & Gail Bilka, Fran Carpenter, Wendy Lahvic, Vergie Wolfe, Lori Enders, Marcia DeMars, Marilyn Herrman, Nikki Bernard, Berrien County Newcomers Club, Don Mezei, Joyce Lewis, Dean Gleffe, Susan Chandler, Lynn Hardke, Kim Blanchard, Annie & Randy Kaeding, Annemarie Mojsiejenko, Helga Maier, Glen Hastings, Dawn Marquardt, Ann Niedbala, Roger Rosenthal, Anna Garlanger and Anonymous Donors

MONETARY CONTRIBUTIONS

TRANSPORTATION PROGRAM

Elfie Krebs, Marilyn Mallonee and Ruth Betker

BUILDING FUND

Celina & Charlie Bevelhymer, Trudy Krajecki, Steve Bell, Judy Schultz, Mike & Tami Genovese and Anonymous Donors

YOUR CENTER, YOUR FUTURE!

Texas Corral Fundraiser, Don & Fredonna Kempf, Robert Donald and Johannes Willer

YOUR CENTER, YOUR FUTURE! (RECURRING)

Pam Wheeler, Helen Schlaman, Janice Yore, Barb Lackner, Linda McDonald, Lori Tucker, Kevin Emans, Carolyn Strzyzykowski, Marty & Lois Goldrick, Cathy Eppard, Joan Contardo, Gil Urban and Teresa Pickford

SILVER TONES CHOIR

CrownPointe of Stevensville

WILD FLOWER TRAIL

Sue Plummer

GRANT FROM FIDELITY CHARITABLE

Glen & Jackie Hastings

FRIENDSHIP GARDEN

Judy Paruch

EXERCISE CLASSES

Ruth Betker, Charlie Olszewski

WOOD SHOP

Steve Bell, Marge Camelet, Elaine Manley, Glen Peterson and Maria Schreiber

DONATION MADE TO BERRIEN COMMUNITY FOUNDATION TO OUR GROWTH ENDOWMENT FUND

Sharon Nystuen

WOOD SHOP "EAT OUR DUST 2.0"

Sarett Nature Center, Carl & Beverly Carlson, Bob Mann, Sue Chandler and Scott Ward

WOOD SHOP "EAT OUR DUST 2.0" IN MEMORY OF MARK WHEELER

Shelley Wheeler, Joseph & Cynthia Ruchgy, Victoria Stanton, Rebecca Wooters & Brett Stanton, Ben & Kathy Nelson, Mark & Chris Dost, Phillip Sterling & Jane Wheeler, Karline Ruchgy, Debbie Bechtel-Briggs and Larry & Mary Bechtel

IN MEMORY OF JUDY STELTER

Bob & Gloria Hopkins

THE LIBRARY

Rick Taylor

THE LOAN CLOSET

Jan Jewell and Christina Woerdehoff

PARKINSON'S EXERCISE CLASS

Michael Horner, Marjorie Zibbel and Jim & Dea Thompson

ADDITIONAL DONATIONS

- Thank you very much to Ken Stover of Stover Farms for donating pumpkins to our Center.

WISH LIST

THE CENTER

- Individually-wrapped candy
- Bottled Water

WOOD SHOP

- Small to Toddler Socks

FUTURE CONSTRUCTION

"For All Your Future Construction Needs"

Roofing • Siding • Flat Roofs
Fascia & Soffit • Gutters

269-983-1500 269-463-ROOF 269-468-3804

Senior discounts • Serving all SW MI • Licensed - Insured - Bonded

Family owned and operated for over 60 yrs!

Mention this ad at time of estimate for special discount

CORNERSTONE COUNSELING CENTER

Lauri Gordon, MA, LPC

Telehealth and In-Person Counseling

Specializing in Care-Giver Support
Treatment for Anxiety, Depression, Grief, Trauma,
Life Transitions, EMDR trained clinician



Office: 269.375.4363 • Cell: 616.481.9136
Email: laurigordon97@gmail.com • CornerstoneCounselingCenter.com

No act of kindness is ever wasted

Priority Health

With a Priority Health Medicare plan, you'll get:

- ✓ Clear and simple benefits
- ✓ Access to all major hospital systems in Michigan[1]
- ✓ A network that includes 9 out of 10 primary care providers in Michigan[2]

ASK ME HOW TO ENROLL.
Michael Ashbrook, Ashbrook Insurance
(p) 866.886.4175 (c) 269.468.4894
(e) wolvs1@hotmail.com

[1]Excludes hospitals in Michigan's Upper Peninsula; based on the CMS National Downloadable File of Physicians, July 2026, and the Priority Health provider database. [2]Excludes providers in Michigan's Upper Peninsula; based on the CMS National Downloadable File of Physicians, July 2026, and the Priority Health provider database. Priority Health has HMO-POS and PPO plans with a Medicare contract. Enrollment in Priority Health Medicare depends on contract renewal. Y0056_400040022603_M ©2026 Priority Health PH37752-3.2 08/26

Discover the Power of Hypnosis

Professional Hypnosis Sessions to Help You Create Positive Change

Hypnosis can help you strengthen motivation, develop better habits, and improve focus and confidence. Many people use hypnosis to support goals such as:

- Stress Reduction
- Weight Management
- Smoking Cessation
- Improved Concentration
- Personal Motivation

Jeff Alisch, Board Certified Hypnotherapist
269-313-2256 | jeffalisch@gmail.com
www.InspiredMindsHypnosis.com

Hypnosis is not a substitute formedical or psychological care.

Inspired Minds Hypnosis

FREE AD DESIGN WITH PURCHASE OF THIS SPACE

Call 800.950.9952

Support Our Advertisers!

Caretel Inns
ST. JOSEPH

You'll want to live here!



Caretel Inns St.Joseph offers exquisite senior living and licensed assisted living accommodations through an all-inclusive, worry free service. Our professional and friendly care team will take out the trash, do laundry, make beds, and more, so our guests can focus on living life to the fullest.

In addition to our luxurious amenities, including a restaurant, pub, movie theater, and spa, guests can also enjoy a large life-enrichment calendar that features local outings.

(269) 428-1111 | www.caretelstjoseph.com



Your local
MEDICARE agent is here to help you

Tom Rivette

Get the benefits
YOU DESERVE

269-208-1940

HEATING AND COOLING REPAIR SINCE 1963!

BoelckeHeating.com

Call us for all your HVAC & Plumbing Needs!

269-429-9261

BOELCKE
HEATING • AIR CONDITIONING • PLUMBING



Royalton Manor
A Rehabilitation and Extended Care Community

Our Goal Is To Get You Back To Living Your Life!



Our Return to Home Rehabilitation Unit promotes quick recovery

We accept medicare, most private insurance and medicaid.

Call for more information or stop in for a tour

288 Peace Blvd., St. Joseph, MI 49085 • 269-556-9050

HARTMAN CHIROPRACTIC

Dr. Brian Hartman, D.C.

(269) 235-4024



712 Comings Ave.
St. Joseph, MI

The Best Hearing Store

Right Now, we are offering 0% special for hearing aids, $217 per month for 24 months.

"Good news: Getting the hearing care you need just got easier on your budget"

When hearing loss affects daily life, waiting isn't always an option. With Cherry, you can move forward with hearing exams, hearing aids, and treatment without the burden of paying everything upfront.

- ✓ True 0% APR options available
- ✓ Flexible payment plans that fit your budget
- ✓ Instant funding & NO hard credit check

Hearing your best should be simple.
Apply in under a minute!

Payment options through Cherry Technologies, Inc. are issued by the following financing partners: https://withcherry.com/financing-partners/. Term length, approval amount, 0% APR and other promotional rates are subject to eligibility. Instant funding upon approval.

2900 S. State St., Ste 3E, St Joseph MI ▪ 269-815-6116



FREE AD DESIGN WITH PURCHASE OF THIS SPACE

Call 800.950.9952

Our community wouldn't be the same **without you!**

Advertise Here!

Contact Terry Sweeney
tsweeney@4LPi.com
(800) 950-9952 x6407

PROGRAMS

Advanced registration is required | *Space is limited* | *No refunds*

ART CO-OP WORKSHOP

Monday, November 2nd, 12:30-3:00 pm
$30 per person, payable at registration.
Make checks payable to Alexandra Hibshman
DEADLINE TO REGISTER IS OCT. 29TH

Alexandra Hibshman will instruct beginning to intermediate artists on making up to five (5) watercolor holiday cards. All materials needed will be provided.



MICHIGAN SECRETARY OF STATE MOBILE OFFICE VISIT

Wednesday, November 4th, 10:30 am-2:30 pm

The Michigan Secretary of State brings services directly to our members when their mobile office visits the Center! The streamlined office offers a vast majority of Secretary of State services, including processing driver's license and state ID applications, corrections and renewals; disability parking placard applications, renewals and replacements; and vehicle title and registration transactions. The SoS Mobile Office will be available to meet with St. Joseph-Lincoln Senior Service Center members by appointment only.

MYSTERY OF THE MISSING WORDS: A HEARING EXPERIENCE

Monday, November 9th, 10:30 am

Join Professional Hearing Services for "THE MYSTERY OF THE MISSING WORDS" an interactive session to test your listening skills and experience what hearing loss actually sounds like. Take the restaurant challenge and learn simple hearing hacks to become a certified Hearing Detective. Best of all, there are no medical slides or lectures—just games, surprises, and laughs!

FINDING YOUR BEST MEDICARE PART D PLAN

Wednesday, November 11th
See below for available times

Registration for Medicare Part D has officially begun, and we're here to help you navigate it with ease. Bob Hopkins will walk you through the process on mymedicare.gov to help you find the plan that best fits your needs. To complete your update during the session, please be sure to bring your Medicare card, a list of your preferred pharmacies, and a full list of your prescription medications with dosage information. **Contact the Center to join one of our 90-minute sessions: 8:30 am-10:00 am, 10:15 am-11:45 am, 12:30 pm-2:00 pm or 2:15 pm-3:45 pm.**

PELVIC HEALTH BASICS FOR EVERYDAY LIFE

Monday, November 16th, 1:30 pm

Join occupational and pelvic health therapist Amy Underwood for an informative conversation on pelvic health for women and men. Discover how the pelvic floor impacts bladder, bowel, and sexual function, and learn to recognize symptoms that shouldn't just be accepted as normal aging. Gain practical strategies to boost comfort and function, plus guidance on when to seek specialized care for your overall well-being.

THE POWER OF YOUR MIND AFTER 60

Wednesday, November 18th, 1:30 pm

Join Jeff Alisch, a NGH Board Certified Instructor, to discover the power of your mind with an engaging presentation on hypnosis and healthy aging. Learn how hypnosis and self-hypnosis can support relaxation, better sleep, stress management, and confidence. While no actual hypnosis will be demonstrated during this presentation, the session includes a gentle, seated relaxation exercise.

SENIOR LIVING OPTIONS

Thursday, November 19th, 10:00 am

Enjoy coffee and donuts with Angel Rosas, Admissions and Marketing Director at Caretel Inns St. Joseph, to discuss recent trends in senior living and how insurance coverage works. Bring your questions for an interactive Q&A session to follow.

FUSED GLASS CLASS: CHRISTMAS TREES

Monday, November 23rd, 1:30-3:30 pm
$45 per person, payable at registration
Checks payable to Fusion Gallery & Studio
DEADLINE TO REGISTER IS NOV. 16TH



These Christmas trees make a delightful addition to holiday decorations. Create two Christmas trees to suit your style. The trees stand approximately 6" tall and will be attached to a wooden stand.

BEGINNING FLORAL ARRANGING

Tuesday, November 24th, 1:30-3:00 pm
$40 per person, payable at signup
Checks payable to Linda Stone
DEADLINE TO REGISTER IS NOV. 12TH

Join florist Linda Stone to craft a stunning Thanksgiving pumpkin centerpiece! Learn basic floral design, stem preparation, and pumpkin hollowing techniques. All flowers and containers are provided. **Students are asked to bring sharp scissors or pruners to cut stems.**



PLEASE NOTE KEY AT THE TOP OF THIS PAGE FOR ADDITIONAL PROGRAM DETAILS

PROGRAMS

Advanced registration is required | *Space is limited* | *No refunds*

THE MOST DANGEROUS MAN ALIVE IN 1929: FRED "KILLER' BURKE

Wednesday, December 2nd, 1:30 pm



Local author Chriss Lyon will discuss the research and background to her book "Fred 'Killer' Burke: The Hunt for the Most Dangerous Man Alive" and the links between Al Capone's gang and Southwest Michigan. Books will be available for purchase.

HEARING AID CLEANING CLINIC

Thursday, December 3rd, 10:30 am-12:30 pm



Expert, trusted team members from Professional Hearing Services will be onsite to conduct FREE hearing aid cleanings and checking your ears for wax. Regularly cleaning your hearing aids keeps them working their best and can improve your overall hearing experience.

2026 HOLIDAY PARTY
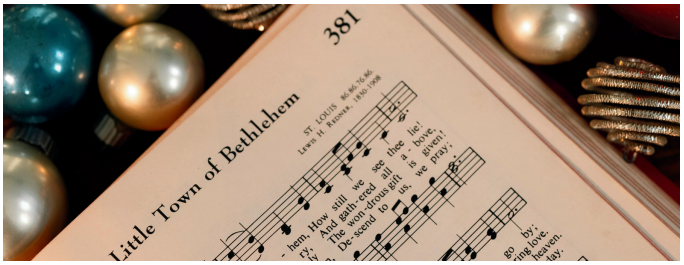
Friday, December 4th
SJLSSC Gym doors open: 10:30 am
Dessert raffle: 10:30-11:45 am
Lunch served: 12:00 pm
$15 per person
DEADLINE TO SIGN UP IS NOV. 25TH



Celebrate the season at our "Walking Through a Winter Wonderland" Holiday Party! Enjoy a delicious feast of honey-baked ham, mashed potatoes with gravy, green bean casserole, and corn bread—plus vegetarian options upon request. The afternoon includes a special live concert by the St. Joseph High School Concert Choir and a holiday dessert raffle. Win a delicious treat and scratch one item off your holiday baking list!

SILVER TONES CHOIR CHRISTMAS PERFORMANCE

Wednesday, December 9th, 2:00 pm



As the holiday season approaches, the SJLSSC Silver Tones Choir invites members to usher in the festive spirit. Enjoy a special performance featuring a cherished selection of classic carols and uplifting holiday melodies.

BEGINNING FLORAL ARRANGING

Tuesday, December 15th, 1:30-3:00 pm
$40 per person, payable at signup
Checks payable to Linda Stone
DEADLINE TO REGISTER IS DEC. 3RD



Guided by florist Linda Stone, you'll learn key floral design principles, flower preparation, and container setup while creating a stunning evergreen arrangement with a candle. All materials, including greens, flowers, candle, and container, are provided in the class fee. **Students are asked to bring sharp scissors or pruners to cut stems.**

A BREATH OF FRESH AIR!

Tuesday, January 5th, 10:30 am

Lakeside Pulmonary Medicine, a new independent practice in Saint Joseph, prioritizes relationships between patients, families and the care team. Learn about pulmonary medicine from Dr. Corey O'Brien. Chaplain and Practice Manager Kim O'Brien will discuss the importance of patient support, and Nikki Lovell will highlight in-office Pulmonary Function Testing.

WRITERS' HAVEN WORKSHOP

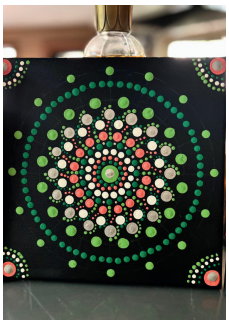
SIX WEEK SESSION
Wednesdays, Jan. 6th - Feb. 10th, 10:00 am-12:00 pm



Even in the age of AI, good writing remains an important skill for anyone - for creativity, advocacy, social interaction, business, reporting, and more. Please join published writer Pat Grauer in leading this six-week workshop to learn how to hone these skills for your particular purposes and how to publish and market your ideas.

MANDALA ART CLASS

Thursday, January 7th, 11:00 am-1:00 pm
$25 per person, payable at signup
Checks payable to Vanessa Mussatto
DEADLINE TO REGISTER IS JAN. 4TH



Derived from Sanskrit for "circle," mandalas are geometric designs symbolizing wholeness and balance. Creating this ancient art form is a deeply relaxing, meditative practice. Join artist Vanessa Mussatto for a unique, hands-on class with personalized instruction. You will create your own design on an 8x8 stenciled canvas using acrylics and dotting tools. All materials are supplied!

PLEASE NOTE KEY AT THE TOP OF THIS PAGE FOR ADDITIONAL PROGRAM DETAILS

TRIPS

New Trip *Moderate Activity* *Active Activity* *Very Active Activity* *Payable at signup*

TRIP POLICIES

REFUNDS & CANCELLATIONS -

- ALL trip cancellations or replacements must be managed by Senior Center staff, not by travelers.
- Any cancellations made by travelers within 48 hours of a trip departure will not be filled and refunds will not be provided.
- All monies are non-refundable unless a replacement is found on the waiting list.
- In cases of approved cancellations, if a replacement can be found, refunds less a $10.00 administrative fee are given.
- If a trip is canceled by the Center, full refunds will be issued.

All SJLSSC Trip Policies can be found on our website, as well as posted next to the trip board in the Center. SJLSSC trip participants acknowledge and agree to adhere to ALL trip policies and procedures.

PLEASE SEE SJLSSC TRIP BOARD FOR ADDITIONAL DETAILS ON 2026 TRIPS

MEMORIES MADE: SJLSSC TRIP ADVENTURES

What a trip! In September, 36 SJLSSC members traveled to Kentucky and Ohio to enjoy an action-packed itinerary. Highlights included the Ark Encounter, Cincinnati's History and Natural History museums, a scenic Ohio River cruise with BB Riverboats, a festive stop at the Hofbräuhaus Bavarian Village and more!



















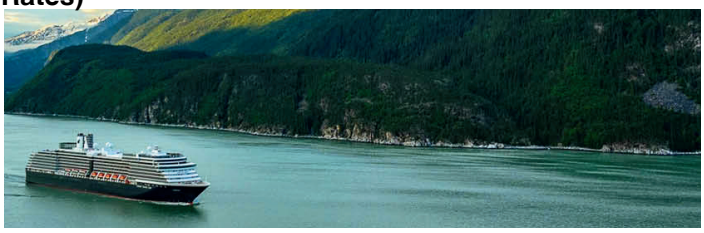


TRIPS

NEW! *New Trip* | *Moderate Activity* | *Active Activity* | *Very Active Activity* | *Payable at signup*

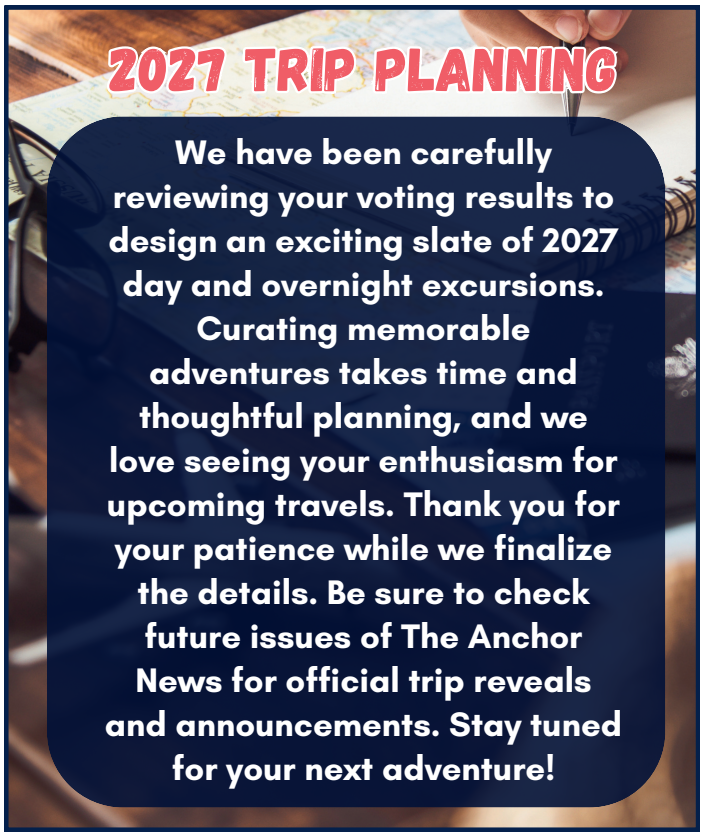
ALASKA DISCOVERY LAND & CRUISE

July 28-August 9, 2027
Prices vary depending on cabin size & type (Inside, Ocean-view or Veranda available in Single or Double Rates)



All registration for this trip will be through Collette Travel. Please contact Carol Olson @ 269-982-0901 for more information.

Experience Alaska as you always imagined on a breathtaking land and sea journey with Holland America Cruise Lines from Alaska to Vancouver. Travel deep into Denali National Park for premier wildlife viewing, enjoy a lively musical at the Denali Dinner Theater, and ride a luxury, glass-domed railcar to Talkeetna with expert guides. Then, take to the sea to cruise through the rugged natural wonders of Glacier Bay and the Inside Passage. Along the way, you will explore Alaska's gorgeous capital, Juneau, and visit Ketchikan, the "Salmon Capital of the World," on an unforgettable Pacific coast adventure.



REFLECTIONS OF ITALY

OCTOBER 19-28, 2027







REGISTER AT THE FRONT DESK TO join representatives from Collette Travel at the St. Joseph-Lincoln Senior Service Center for a Reflections of Italy trip presentation on Monday, November 2, 2026 at 10:30 am. All registration for this trip will be through Collette Travel.

Whether it's your first time visiting Italy, or you've been before, this is the perfect tour to visit all the highlights. Embark on a captivating journey that takes you from the piazzas of Rome to the canals of Venice. Discover the rolling hills of the scenic Tuscan and Umbrian countryside. Explore medieval hill towns and visit Assisi, the birthplace of St. Francis. Spend time at a historic winery in the heart of the Chianti region and enjoy a chef-led cooking class with lunch. Discover the masterpieces of the Renaissance in Florence. See glass transformed into exquisite art on Murano Island. Linger in iconic Venice for two nights. Encounter a land rich in history, culture, art, and romance.

IMPORTANT REMINDERS

Our newsletter is our major line of communication with our members. We strive to provide you with up-to-date information when the newsletter goes to print, which is about two weeks before we mail it. Please take the time to look at this newsletter each month so that you can stay informed on all of the important happenings at our Center.

To be eligible to use the services at our Senior Center, you or your spouse need to be 60 years of age or older. You need to be in our service area to use our transportation, run for our Board of Directors and/or vote in our Annual Board Election.

We are not accepting puzzles over 500 pieces.

Please remember if you have robo call blocker, you will not receive our calls.



Please remember that you will only receive robo call updates on programs that you have signed up for in advance or classes you have checked in for in the last six months.

Class descriptions are available at the front desk, on our website and on the bulletin board by the gym entrance.

We are asking that everyone exit our Center by 3:45 pm so the Staff can securely close our building. All doors will be locked at 3:00 pm, EXCEPT for the main entrance, (door #1). We appreciate your cooperation!

We only accept cash or checks for all payments to our Senior Center.

Please arrive at least 10 minutes before a program begins so you are not interrupting a program by arriving late.

SJLSSC MISSION STATEMENT

The St. Joseph-Lincoln Senior Service Center is committed to providing a welcoming, safe, and friendly environment for Senior Citizens. We support member independence by offering social, educational, cultural, and recreational programs and services.

IMPORTANT REMINDERS

Remember to sign in when entering the building for any reason, even to sign up for a trip, return a library book or sign up for a program. You need to go through the screens until you find the activity/activities you are here to attend and remember to hit FINISH when done so it will log your day's activities.

We are not accepting fabric donations at this time.

Be sure and check the "Community Resource Center" bookcases located in the SJLSSC Game Room for information about assisted living facilities, bereavement counseling, senior care, veterans, MMAP, safe pill disposal, recycling events and more.

If you misplaced a personal item such as a book, eyeglasses, or clothing, please stop at the front desk and we will point you in the direction of our Lost & Found.

If you cannot attend a program you've signed up for, please call and cancel.

We are in need of sympathy and birthday cards. Christmas cards are not needed at this time.

We have a large library filled with fiction and non-fiction books, as well as audio books, current magazines & DVDs . Please check these items out at the front desk.

Please remember to sign up for all programs that you'd like to attend.

REMINDER

Our Library is not presently accepting book donations, however, we are accepting magazines which should not be older than 3 months.

Please check the Recurring Schedule (page 19) every month. If we know that a class is cancelled when the newsletter goes to print, we will note it and no robo call will be made.

If you would like an email reminder when the newsletter is posted online, please email us at support@sjlsc.org.

This Veterans Day, we honor and extend our deepest gratitude to the brave men and women of our armed forces. Thank you to Center veterans and military families for your courage, sacrifice, and dedication to protecting our freedoms. We are forever grateful for your service to our nation.

THE RICK FRERIDGE WOOD SHOP

HOURS OF OPERATION: Monday - Friday 8:30 am-3:30 pm (*Open Wednesdays 1:45-3:30 pm through 11/4*)

Enjoy the camaraderie of fellow woodworking enthusiasts while gathering inspiration from our well-equipped Wood Shop. To become a Wood Shop member, you must be a member of SJLSSC and attend a required equipment/safety orientation. Orientation classes are approximately three hours and cost $20. Please check the SJLSSC website for more information on Wood Shop memberships, or stop by the front desk to become a Wood Shop member and register for your orientation. **NO REFUNDS ON WOOD SHOP ORIENTATION OR ANY CLASSES. ALL CLASSES ARE PAYABLE AT SIGNUP.** Refunds are issued solely for Center-initiated cancellations.

A NOTE FROM A WOMAN IN THE WOOD SHOP

Have you ever admired something made from wood and thought...how did they do that? I wish I could do that. Well, that was me a few years ago. At 85, the only tools I had ever used were a hammer and a screwdriver. Apprehensive, but I knew the best thing for my aging mind and body was to keep doing and learning…so I signed up to become a Senior Center Wood Shop member.

The mandatory orientation covering safety on all the machines came first. It was a bit overwhelming, but I was reassured that a skilled "Red Apron" would always be on duty. They have answered my questions, helped when I needed it and for safety's sake, made sure I followed the rules.

Through classes, mentors and almost everyone willing to share what they knew, my projects included pens, boxes with drawers, a high-backed stool, a piano key cutting board, my own creations, etc., and finally, my favorite: projects on the lathe. Whether things went well or went dreadfully wrong, I learned from them, and both experiences made my work better. Equally important for me is the feeling in the Wood Shop. It is filled with a wonderful mix of different personalities, skill levels, special interests and a passion for woodworking.

One thing I learned is that the Wood Shop is financially independent. We support it through financial donations, work done for individuals and groups, and projects we make to sell at the Center. We appreciate your donations of wood, tools, etc., and items we ask you to donate. Since, as some of you know, we need a much better air filtration system, any size financial contribution is especially appreciated.

Remember, you are always welcome to visit us…or better yet…join us.

Smiles,

Enjoying the Wood Shop at 88



WOOD SHOP PROGRAMS



As the holiday season approaches, the wood shop classes are on hold. The temporary pause in classes allows our members to work on holiday gifts for family and friends. Watch the January newsletter for a listing of January/February classes.

RECURRING SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am - Resistive Exercise NO CLASS 11/2 & 12/28	9:00 am - Resistive Exercise NO CLASS 12/29	9:00 am - Resistive Exercise NO CLASS 11/11	9:00 am - Resistive Exercise	8:30 am - World Dance
9:30 am - Quilting Group	9:30 am - Pinochle	9:00 am - Greeting Card Making	10:00 am - Range of Motion	9:30 am - Yoga for Mind & Bone Health
10:00 am - Calisthenics	10:00 am - Range of Motion	10:00 am - Calisthenics NO CLASS 11/11	12:00 pm - Tai Chi	10:00 am - Mah Jongg
10:00 am - Jokers and Marbles	11:30 am-3:30 pm Advanced Pickleball	11:00 am - Balance Class NO CLASS 11/11	11:30 am-1:30 pm Beginner Pickleball	10:30 am-12:30 pm Beginner Pickleball
11:00 am - Balance Class	12:30 pm - Advanced Ukulele	11:45 am - Cardio Drumming NO CLASS 11/11	12:30 pm - Scrabble	12:00 pm - Parkinson's Exercise NO CLASS 11/6
12:00 pm - Tai Chi	1:00 pm - Euchre	12:00 pm - Parkinson's Exercise	12:30 pm - Hand & Foot Cards	12:30 pm-3:30 pm Intermediate Pickleball
12:00-1:30 pm Intermediate Pickleball	2:00 pm - Beginner Ukulele	12:30 pm - Dominoes	1:00 pm - BINGO SEE DATES BELOW	1:00 pm - Euchre
12:30 pm - Hand & Foot Cards	Class descriptions are posted on the bulletin board outside the gym and additional information is available at the front desk.	12:45 - Bowling @ Striker's Bowling	1:30-3:30 pm - Intermediate Pickleball	
1:00 pm - Art Co-Op See bulletin board for weekly topic		1:00 pm - Mah Jongg		
1:00 pm - Cribbage		1:30-2:30 pm - Advanced Pickleball		
1:30 pm - Choir Group NO PRACTICE 12/22/26-1/25/27	Check out the front page for Center closing dates!	1:00 pm - Stitch & Chat		
1:45 pm - Line Dancing for Absolute Beginners NO CLASS 12/7 & 12/28		1:30 - Open Pool Table Play NO POOL PLAY 11/18, 12/2 & 12/9		
2:45 pm - Line Dancing for Beginners NO CLASS 12/7 & 12/28		2:30-3:30 pm - Intermediate Pickleball		



St. Joseph – Lincoln
Senior Service Center
3271 Lincoln Ave.
St. Joseph, MI 49085

Non-Profit Org.
U.S. Postage Paid
St. Joseph, MI 49085
Permit 416

DATED MATERIAL DO NOT DELAY
RETURN SERVICE REQUESTED

This newsletter mailed @ St. Joseph Post Office on 10-28-26

SJLSSC BOARD MEMBERS

President	Bob Hopkins
Vice President	Ted Post
Secretary	Patty Nordberg
Treasurer	David Roback
Board of Directors	Celina Bevelhymer, Pauline Fox, Jim Hlifka, Tim Kragt, Gary Krokker, Dennis McCarthy, Dennis Meadows, and Cheryl Ryno

SJLSSC TEAM MEMBERS

Executive Director	Cindi McLaughlin
Program Coordinator	Jamie Bingaman
Administrative Assistant	Sandy Draper
Staff Assistant	Julie Hartman
Support Associate	Jill Soghomonian
Staff Associate	Deb Burkhard
Receptionist	Chriss Lyon
Building Custodian	Tai Huynh

AND ALL OF OUR WONDERFUL VOLUNTEERS!

NOVEMBER ACTIVITIES

2 Art Co-Op 12:30-3:00 pm
4 Secretary of State Mobile Office 10:30 am 2:30 pm
5 Staff Day **CENTER IS CLOSED**
6 CARD-iology 11:00 am-3:30 pm
9 A Hearing Experience 10:30 am
11 Medicare Part D Plan Multiple sessions all day
11 Veteran's Day Breakfast 9:00 am
11 Book Club 10:00 am
12 Bingo $2 1:00 pm
16 Pelvic Health Basics 1:30 pm
18 The Power of Your Mind After 60 1:30 pm
19 Board Meeting 10:00 am
19 Senior Living Options 10:00 am
20 Cookies & Canvas 12:00-3:00 pm
23 Fused Glass Class 1:30-3:30 pm
24 Stamp Camp 11:00 am-3:30 pm
24 Floral Arranging 1:30-3:00 pm
26 HAPPY THANKSGIVING **CENTER IS CLOSED**
27 **CENTER IS CLOSED**

DECEMBER ACTIVITIES

2 Book Talk: Most Dangerous Man Alive 1:30 pm
3 Hearing Aid Cleaning Clinic 10:30 am-12:30 pm
4 Holiday Party 10:30 am
NO OTHER CENTER ACTIVITIES TO TAKE PLACE THIS DAY
8 Stamp Camp 11:00 am-3:30 pm
9 Book Club 10:00 am
9 SJLSSC Choir Christmas Performance 2:00 pm
10 Bingo $2 1:00 pm
11 CARD-iology 11:00 am-3:30 pm
15 Floral Arranging 1:30-3:00 pm
17 Board Meeting 10:00 am
18 Cookies & Canvas 12:00-3:00 pm
24 Christams Eve **CENTER IS CLOSED**
25 MERRY CHRISTMAS! **CENTER IS CLOSED**
30 Building Maintenance **CENTER IS CLOSED**
31 New Year's Eve **CENTER IS CLOSED**



Happy Holidays!

NOTE: All advertising content is not endorsed by the Saint Joseph-Lincoln Senior Service Center, but is the view of the presenting organization.