

THE ANCHOR NEWS



ST. JOSEPH-LINCOLN SENIOR SERVICE CENTER

3271 Lincoln Avenue
St. Joseph, MI 49085

HOURS OF OPERATION

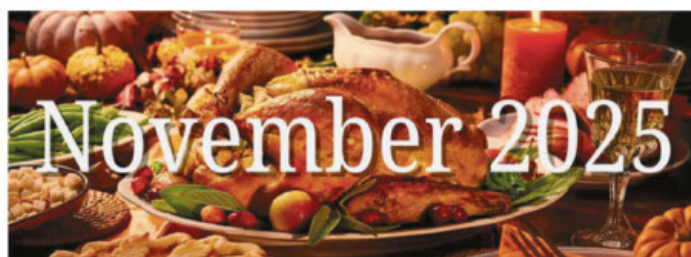
Monday thru Friday, 8 AM to 4 PM

All doors except for main entrance
(Door #1) will be locked at 3 PM

CONTACT INFORMATION

(269) 429-7768

director@sjlsc.org
www.sjlsc.org



ANNUAL BAKELESS BAKE SALE

Donations for the SJLSSC Annual Bakeless Bake Sale can be mailed or dropped by the Center through the end of December. All proceeds will go directly toward the SJLSSC Building Fund to help mitigate rising costs. Please see page 6 for more information about this wonderful fundraiser.



HOLIDAY SILENT AUCTION

Get your holiday shopping done and make a difference at our Holiday Silent Auction, located in the Gym hallway. We have a wide variety of wonderful items up for bid, so you're sure to find the perfect gift for everyone on your list! Reserves will be placed on all items and bids will directly support the Building Fund, leaving a lasting impact this holiday season. Bidding opens Monday, November 17th, and closes at noon on Friday, November 21st.

2025 HOLIDAY PARTY: THE NIGHT BEFORE CHRISTMAS

Friday, December 5th

Gym doors open at 10:30 am

Christmas dessert raffle 10:30-11:45 am

Lunch will be served at 12:00 pm

\$12 per person, no refunds

DEADLINE TO SIGN UP NOVEMBER 26th

The Center will be **closed for all activities** except the Christmas Party on **Friday, December 5th**.

The stockings are hung, and the tree is lit. Now all that's missing is you—in your PJs! Join in the fun at the SJLSSC 'Night Before Christmas' party and enjoy a delightful luncheon featuring honey-baked ham, mashed potatoes with chicken gravy, green bean casserole, and a fresh roll. **A vegetarian entree will also be available upon request.** Our entertainment for the afternoon will be a special performance by the St. Joseph High School Concert Choir. **A dessert raffle will be held**, giving you a chance to win a holiday treat and check one thing off your baking list.

CLOSED

**SJLSSC will be closed on
November 6th for Staff Day and
November 27th and 28th for the
Thanksgiving holiday.**

AROUND THE CENTER

Notes

From the

Board

In 1973, the rock music group Faces (featuring Rod Steward) released a song called "Ooh La La". The chorus was "I wish that I knew what I know now when I was younger." I heard that song and it got me thinking. Of all the decisions, major/minor that I've made in my life, how many would I change if "I knew then what I know now"? I guess it would be called a mulligan, a do over. My first thoughts were "Oh heck yes, there would be many that I would change." That would probably be everyone's first reaction. The ability to change a heartache, a sadness in our life to eliminate that upsetting memory.

But then, second thoughts began to kick in. Every choice, every decision that we have made has directly led us to this point in our lives. It is a mistake to believe that if one alters history, one's current status would remain unchanged, except to eliminate that choice from our memory.

My wife Bonnie and I have a comfortable life living in the "French Riviera of the Midwest." Our wonderful grandkids live close by, family is just a few hours away. Close enough to visit every so often but not close enough to be annoying (lol). We have the joys of small town living, proximity to the beach, but still close enough to big cities when the urge to test our sanity hits.

That said, I thought it might be interesting to take a look back at some of the choices/decisions I have made over the years and wonder, "What if?" So, after weeks of thought, I have selected two to contemplate. How or would my life have changed if I had chosen differently? Here goes...

In December 1964, I was confronted with this agonizing choice: my favorite NFL team, the Cleveland Browns were playing the Baltimore Colts for the NFL Championship. It was tied at 0-0 at half time. The second half was about to begin when my parents turned off the television, saying we had to attend my cousin's accordion concert.

I begged not to go, but changed my mind, as only a 9 year old could, thinking there will be many more games like this, playing for championships. The concert was ok. Having Polish relatives, accordion music was a staple, and I did enjoy it. Oh, the football game, the Browns won 27-0. It was their last championship they've won. SIXTY ONE years ago, and, I missed it. Would I change my choice if I could? Most definitely, this would not be a life altering choice.

In the summer of 1973, I was playing baseball in a top Metro Detroit Summer League. Prior to a game, I was told the Pittsburgh Pirates were in attendance and would sign me to a free agent contract and send me to their minor league team in Niagara Falls.

Long story short, I screwed up and never got the opportunity to sign the contract. I have always wondered, "What if I had gone to Niagara Falls, away from friends and family? Was I good enough to continue a career? If not, would I have been stuck in Niagara Falls?" I know for sure I would not be here today, living my current life. Would I alter my decision for the chance to play professionally? Most definitely not.

Well, those are my choices. One I would have changed, one I would not. Interesting that one choice would not have altered my life, the other would have. Is it because deep down, we are nervous and afraid of the unknown, scared of change? Or is it that for all of the sadness, problems, happiness and joy that we have had, we really would not change a thing. Our memories are strong, good or bad. Our choices and decisions have guided us to where we are today. So next time we are drinking our morning coffee and the thought enters your head, "Should I have not made that decision, what was I thinking?" How will you answer?



James Hlifka
SJLSSC Board of Directors

2025 ELECTION RESULTS

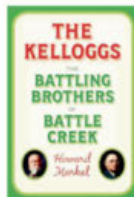
We welcome to the SJLSSC Board of Directors incumbent Board Members Celina Bevelhymmer, Bob Hopkins and Ted Post, as well as former Board Member, Pauline Fox. Many thanks to Tim Kragt for your nine years of dedicated service on our Board of Directors. You will be greatly missed.



CONSISTENT MONTHLY PROGRAMS

BOOK CLUB

Wednesday, November 12th, 10:00 am
 "The Kelloggs: The Battling Brothers of Battle Creek" by Howard Markel is a historical account detailing how the clashing personalities, ambition, and innovation of two brothers shaped America's health and diet, birth of the cereal industry, and the concept of modern wellness. Leading the discussion will be Myra Wiggins.



COOKIES AND CANVAS

Friday, November 21st, 12:00-3:00 pm
\$20 per person, payable at sign up
NO REFUNDS

Make checks payable to Roy Hruska
DEADLINE TO REGISTER IS NOVEMBER 19th



The watercolor painting for the month of November is titled "Creche" and is on a 9"x12" canvas. All materials needed for this class are provided. Class size is limited and advance registration is required.

STAMP CAMP

Tuesday, November 25th, 12:00-3:30 pm
\$15 per person, payable at sign up
NO REFUNDS

Make checks payable to Caryn McFall
DEADLINE TO REGISTER IS NOVEMBER 21st



Join in the fun and fellowship while creating hand-made greeting cards. In this class you will be making eight cards with envelopes. Christmas card designs will be offered, or create your own designs. Additional papers, embossing supplies, punches, decorative scissors and stamps will also be available. No experience necessary. There will be demonstrations and written instructions. All participants will work at their own pace. **Students will need to bring small scissors and double stick tape to class. Class size is limited and registration is required.**

FOOT CLINIC

By Appointment Only

Blessed Feet, LLC performs Foot Clinics at our Center two times per month. Please contact Jane Sherwin at 269-240-3437 for appointments and with any questions about the service. This service is available to our members, but is not a function of our Senior Center.



LET'S GET PHYSICAL

SJLSSC EXERCISE ROOMS HOURS OF OPERATION

Monday-Friday 9:00 am-3:00 pm

USING SJLSSC EXERCISE ROOMS EQUIPMENT

Before using the Exercise Room equipment, ALL SJLSSC members are required to sign a Circuit Training Room Waiver AND attend a free, scheduled 30-minute orientation with a trainer to learn how to safely and effectively utilize the equipment. Members must stop by the Exercise Room IN PERSON during Exercise Room hours of operation to schedule an orientation. Please check in at one of the hallway monitors before your initial appointment and each time you use any of these rooms.



NEW! FREE WEIGHT ROOM TRAINING SESSIONS

Join Fitness Instructor & Trainer Jean Green in a 30 minute Free Weight Room training session. Each session will focus on a different area of the Training Room. **Class size is limited and advance registration is required. Visit the Exercise Rooms for more information and to register.**

True Stretch Cage & Resistance Bands Training - Tuesday, November 18th @ 10:30 am
 Kettle Bells & Free Weight Exercises Training - Monday, December 8th @ 12:30 pm



Silver Tones Choir Holiday Events

Add some cheer to your holiday season by enjoying the SJLSSC Silver Tones Choir!

Holiday Concert @ SJLSSC
Monday, December 8th @ 2:00 pm

Open to all SJLSSC members. Please register in advance at the front desk. See page 13 for more information.

Salvation Army Bell Ringers
Friday, December 12th from 2:00-4:00 pm

The choir will be singing and volunteering as Salvation Army Bell Ringers at Martin's in St. Joseph. Stop by and hear their beautiful Christmas Carols.

WE ♥ OUR VOLUNTEERS!

VOLUNTEERS NEEDED

If you are looking for ways to give back to the community or if you have extra time in your schedule, we need you! We are in need of volunteers in the following areas:

- Art/Craft Classes
- Bingo Set Up & Tear Down
- **Front Door Greeters**
- **Fundraising Committee Members**
- Handymen or Handywomen
- Light Ironing
- Newsletter Mailing support
- **Photographer** (for Center events/activities)
- Transportation Drivers
- Wood Shop Hosts

Ready to volunteer at SJLSSC? Talk to Jill, our Volunteer Coordinator, to find the perfect fit for you!



FEATURED VOLUNTEER ROLE: PHOTOGRAPHER



Do you have a passion for capturing genuine moments and vibrant stories? We're looking for a digital photographer with an eye for snapping candid and posed pictures at the Center during activities and events. These photos will be used for newsletters, our Facebook page, as well as displayed at the the Center. If you'd like to share your vision and talents with our community, please contact our Volunteer Coordinator, Jill.



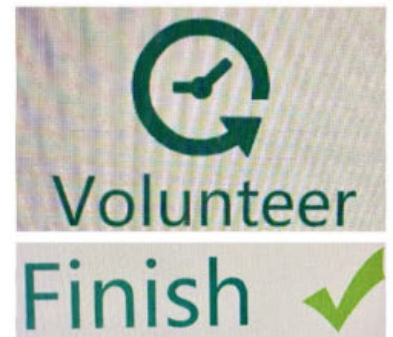
BACKGROUND CHECKS ARE PERFORMED ON ALL VOLUNTEERS TO ENSURE THE SAFETY OF OUR MEMBERS AND FOR THE CREDIBILITY OF OUR CENTER.

IMPORTANT INFORMATION FOR VOLUNTEERS!

When entering the building to work as a Volunteer, it is essential that you sign in at the monitors the correct way, in order to be checked into the building, as well as have your volunteer time recorded. As a non-profit, this information is vital to our Center when applying for grants or when gathering other operational-based statistics.

Please follow this three-step process when signing in at the monitors to volunteer:

- **STEP 1:** After scanning your key fob, or signing in with your phone number, the Activity Screen will appear. Please scroll to and touch the Volunteering button (with the orange "VOLUNTEER" icon next to it).
- **STEP 2:** On the left-hand side of your screen, touch the Volunteer tab (with the clock hands and circle arrow). You will then be able to enter your volunteer time.
- **STEP 3:** Touch the Finish button on the bottom right-hand corner of the screen.



TRIPS

TRIP POLICIES

SJLSSC has updated our Trip Policies, which we are including in this issue of The Anchor News, on our website, and posting on the trip board in the Center.

IMPORTANT NOTES

- When signing up for trips, participants acknowledge and agree to adhere to all trip policies and procedures.
- Trip Leaders have the authority to make decisions regarding the trip itinerary, safety, and participant conduct. Participants must follow the directives and instructions of the Trip Leaders at all times for their safety and the smooth operation of the trip.
- Trip details - including dates, departure location, times and itineraries - are subject to change.
- All trips are subject to cancellation.

TRIP PARTICIPANT REQUIREMENTS

- Trips are open to current SJLSSC members, including spouses and caregivers.
- Participants must be self-sufficient to go on trips. Trips for Senior Center members are planned to be as accessible and inclusive as possible. Trip Leaders are unable to provide personal assistance, such as pushing a wheelchair or assisting with personal care needs.
- Participants must complete all required documents prior to trip departure.
- Participants will be issued name tags, which will identify them as members of SJLSSC and **MUST** be worn throughout the entirety of the trip. The name tags will also include the phone number of the Trip Leaders.
- Participants should stay home and avoid traveling when suffering from communicable illnesses (e.g., flu, cold, etc.).
- Participants are required to stay with the Center group for ALL planned activities during the trip.

REGISTRATIONS & PAYMENTS

- For day trips, payment-in-full is required at time of reservation. For overnight/international trips, a deposit is required at the time of reservation; remaining balance due date will be communicated at the time of reservation.
- For all SJLSSC trips, payment of cash or check is accepted (this does not include international trips that are planned by a third-party tour group).
- If you are signing up and paying for someone else, you must have their phone number in order to add them to the trip list.

WAIT LIST

- Most trips fill quickly, but members are highly encouraged to sign up on trip waiting lists, as there are usually cancellations prior to the trip.

REFUNDS & CANCELLATIONS

- ALL trip cancellations or replacements must be managed by Senior Center staff, not by travelers.
- Any cancellations made within 48 hours of a trip departure will not be filled and refunds will not be provided.

REFUNDS & CANCELLATIONS (continued)

- All monies are non-refundable unless a replacement is found on the waiting list.
- In cases of approved cancellations, if a replacement can be found, refunds less a \$10.00 administrative fee are given.
- If a trip is canceled by the Center, full refunds will be issued.

PARKING & BUS INFORMATION

- All SJLSSC trips depart from 2807 S. State Street, St. Joseph (located behind St. Joseph McDonald's).
- Participants must provide their own transportation to and from the meeting point.
- **ONLY** participants listed on the Trip List will be allowed to board the bus. Absolutely **NO** last-minute replacements will be allowed to board without approval from SJLSSC Director or Program Coordinator.
- Trip Leaders have the right to refuse any individual from boarding the bus.
- No smoking, chewless tobacco or alcoholic beverages on the bus.
- Participants should not use strong or excessive fragrances on the bus to avoid causing allergic or other adverse reactions to their fellow trip participants.
- Buses will not wait for late travelers. Participants must adhere to scheduled arrival and departure times. Should you become separated from the group while on a trip, use the information on your name tag to call your Trip Leader.

WEATHER & UNFORESEEN CIRCUMSTANCES

- For the safety of all participants, trips may be canceled or rescheduled due to bad weather or other unforeseen situations. When possible, every effort to reschedule the trip will be made.

VOTE FOR SJLSSC 2026 TRIPS!

We've gathered member suggestions for 2026 adventures and now it's your turn to vote on the day and overnight trips! **See page 18 for the complete list. All members are welcome to vote at the bulletin board across from the Gym.**



BRITISH LANDSCAPES

FEATURING ENGLAND, SCOTLAND AND WALES

October 18-27, 2026

Double - \$5,329; Single - \$6,329

All registration for this trip will be through Collette Tours.

Please contact Carol Olson at 269-982-0901 for more information.

DONATION OPPORTUNITIES

There are many ways to donate to our non-profit 501(c)3 corporation and assist us in continuing to provide many services to our members.

BERRIEN COMMUNITY FOUNDATION ENDOWMENT FUND

Made to ensure long term sustainability of our organization.



BUILDING FUND DONATIONS

Made to contribute to our direct building expense.

FORGET ME NOT SOCIETY

Honoring those who choose to make a legacy gift to the SJLSSC Endowment Fund, which is administered by the Berrien Community Foundation. This endowment will provide essential stability for our Center.



HONORARY DONATIONS

Made in honor of someone who has enriched your life.

MEMORIAL DONATIONS

Made in memory of a friend or loved one who has passed away.



PROGRAM DONATION

Designate a donation for a particular program we offer at the Senior Center; exercise classes, Circuit Training Room, Wood Shop or to one of our outside areas; the Walking Trail, Friendship Garden, or the Wild Flower Trail.

PLEASE REMEMBER TO STATE WHAT SPECIFIC FUNDRAISER YOU WOULD LIKE YOUR DONATION TO BE DESIGNATED FOR. THANK YOU!

CURRENT FUNDRAISERS

ANNUAL BAKELESS BAKE SALE

You don't need an oven or an apron to participate in the SJLSSC Annual Bakeless Bake Sale! The concept is simple: instead of providing a physical dessert, supporters are asked to make a financial gift of any size to support SJLSSC.

Donations can be mailed or dropped at the Center through the end of December. All proceeds will go directly toward the SJLSSC Building Fund to help mitigate rising costs. Every donation, no matter the size, will help to make this fundraiser a sweet success.

SUPER BOOKS

We have received our first shipment of the 2026 Super Books! Stop by the Center to pick up your copy. The cost is \$40 per book and the Center will receive \$8 for every Super Book we sell. Thank you in advance for your support.

THE PERFECT GIFT IS WAITING IN THE WOOD SHOP

Christmas is just around the corner, and the Wood Shop has a gift that's guaranteed to impress. Available after November 1st, our custom, handmade cutting boards are crafted from beautiful walnut, maple, and cherry wood. Add a personal touch by having your loved one's name custom engraved for \$10. Complete an engraving order form when you purchase your cutting board and your gift will be ready in just three business days. Cutting Boards available in 10x10 (\$35), 10x12 (\$40) or 10x16 (\$45).

WALKING TRAIL BRICKS

Give a lasting tribute to someone who brought light into your life by purchasing a commemorative brick on the walk around the flagpoles of the beautiful Priscilla Upton Byrns Walking Trail and Gardens. Your purchase supports the upkeep and enhancement of this beloved community space. Place your order by March 2026 for installation in June 2026. Order forms are available at the front desk, by email or mail.

SJLSSC MISSION STATEMENT

The St. Joseph-Lincoln Senior Service Center is committed to providing a welcoming, safe and friendly setting for Senior Citizens. We support member independence by offering social, educational, cultural and recreational programs and services.

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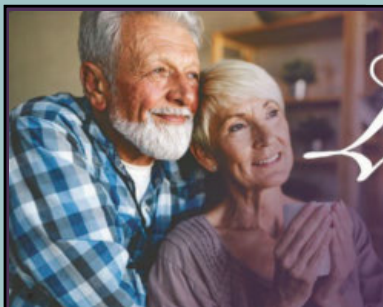


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CENTER NEWS

A HEALTHY WINTER FOR OUR COMMUNITY CENTER

With the colder months arriving, let's work together to keep our community healthy. **If you feel under the weather, please prioritize rest and stay home to recover.** Your consideration helps protect everyone who visits our Center. We look forward to seeing you when you're feeling better!

BUILDING TEMPERATURES

In addition to the kaleidoscope of colors on our trees, autumn also ushers in cooler temperatures. We do our best to keep thermostats in the building set to temperatures that will be comfortable for most. This means that rooms with exercise programs will be set at cooler temps. Please keep in mind that we all have different comfort levels and we ask that members please dress accordingly for yours.

EXCITING LINE DANCING UPDATES

Please join us in welcoming our new Line Dance instructor, Sharon Haynes of Sunset Coast Dance Studio! We've worked with Sharon to update our Line Dance classes and are excited to announce new options for our Line Dance program, with a focus on beginner and high beginner dancers. The former Beginning Line Dancing class has been expanded from 30 minutes to one full hour and renamed "Absolute Beginners." This class is ideal for seniors with little to no dance experience or those who wish to refresh their basic steps before advancing. Immediately following this class will be a "High Beginners" class, tailored to dancers who are comfortable with basic line dance steps and are ready to learn more complex patterns. For specific class days and times, please refer to the Recurring Schedule on page 16. Join us for a great time on the dance floor!



Our Senior Center has an Abuse Prevention Policy that prohibits any form of violence, abuse or harassment including verbal, sexual or emotional abuse. Copies of the policy are posted at the Center. Please report any incidents to the Executive Director.

HOLIDAY SHOPPING SAFETY

Holiday shopping can be both a joyous and stressful task for seniors. Taking a few extra precautions can make the experience safer and more enjoyable.

In-Store Shopping Safety

- Be aware of your surroundings and stay alert.
- Keep your belongings, like your purse or wallet, close to you. Consider using a cross-body bag or shoulder bag in front to keep your valuables secure.
- Always keep a mobile phone handy. Having a phone ensures you can contact someone quickly if you need assistance.
- Inform family or friends of your shopping plans so they know where you are and can check in with you if needed.

Online Shopping Safety

- Use secure websites that start with "https." The extra "s" means it's a secure connection.
- Only share essential information needed for the purchase, and avoid providing unnecessary personal details that could put you at risk.
- Be wary of deals that seem too good to be true. Scams often use enticing offers to lure shoppers.
- Verify the legitimacy of online retailers - research their reviews and ratings before buying anything. Stick to well-known sites to minimize the risk of fraud.



CENTER NEWS

CHANGES IN CLASS SCHEDULES

Following a review of class statistics combined with valuable community feedback, we've made some exciting updates to the scheduled programs in the Gym and Activity Room! Please visit the Recurring Schedule on page 16 for updates to Line Dancing, Cornhole, Thursday Tai Chi and Friday Pickleball schedules.



THANK YOU, VETERANS

Each **November 11th**, we observe **Veterans Day** to honor all U.S. veterans—past and present—for their courage and sacrifice. It is a day to celebrate the approximately 18.2 million veterans in the United States through community events like parades and festivals. Beyond the official celebrations, this is a day **dedicated** to showing our profound gratitude for their sacrifices. A sincere **thank you to a veteran** is a powerful way to express your **appreciation for their service**.

With the Michigan colder months just around the corner, many of our members will be heading south to enjoy warmer temperatures. If you receive our newsletter in the mail, please remember to contact us with the date that you will be heading out of town to place a temporary hold on your newsletter mailing. Simply notify the Center upon your return to have the hold removed. This will help us to avoid having to pay the USPS fee of \$1.07 for every newsletter that is returned to us, as these charges can add up quickly. Thank you in advance for your help in keeping our mailing costs down.

2025 SOFTBALL SEASON RECAP

The 2025 SJLSSC softball season has officially ended on a high note! With up to 22 participants gathering weekly at Wells Field, the group enjoyed a season of friendly competition, camaraderie, and, most importantly, fun. A huge thank you goes out to every SJLSSC member who came out to play. A special shout-out to Coach Jerry Radenbaugh for making this such a successful and enjoyable program!



BERRIEN COUNTY SHERIFF: SCAM ALERT NOTICE

The Berrien County Sheriff's Office has sent an alert regarding a recent scam taking place in our area. Scammers are calling and posing as law enforcement, claiming you have an arrest warrant and demanding payment to avoid arrest. The scammer may also provide a number and send documents that appear to legitimately be from the Sheriff's Office. No official police department will ever ask for money over the phone to resolve a warrant. If you receive such a call, hang up immediately and report it to your local authorities.

AARP TAX AIDE VOLUNTEER NEEDED

AARP Tax Aide is in need of a volunteer to serve as Technical Coordinator for the seven sites in our district. Free training will be provided. If interested, please leave your contact information at the front desk of the Center and a representative will contact you with further details.





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¹Excludes hospitals in Michigan's Upper Peninsula; based on CMS Hospital Listing file Sept. 2023 data and Priority Health provider database. ²Excludes providers in Michigan's Upper Peninsula; based on CMS National Downloadable File of Physicians, Sept. 2023 and Priority Health provider database. Priority Health has HMO-POS and PPO plans with a Medicare contract. Enrollment in Priority Health Medicare depends on contract renewal.

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PROGRAMS

ART CO-OP WORKSHOP

(OFF-SITE CLASS)

Mon, November 3rd or Tues, Nov 4th

1:00 pm-4:00 pm

\$30 per person, payable at sign-up.

NO REFUNDS

Make checks payable to Create with Clay

DEADLINE TO REGISTER IS OCTOBER 29TH

Work with a Create with Clay instructor to make a ceramic Christmas tree. This class will take place at the Create with Clay Studio (1403 Castle Court, St. Joseph - off Washington Avenue, between John Beers and Marquette Woods). All materials will be provided. Your piece will be fired and returned to SJLSSC for pick-up before Thanksgiving. Due to the popularity of past workshops, two sessions of this class are being offered. **Class size is limited and advance registration is required. Please choose class date at time of registration.**



MICHIGAN SECRETARY OF STATE MOBILE OFFICE VISIT

Tuesday, November 4th, 10:30 am-2:30 pm

The Secretary of State Mobile Office offers a majority of Secretary of State services, including processing driver's license and state ID applications, corrections and renewals; disability parking placard applications, and vehicle title & registration transactions. The SoS Mobile Office will be available to meet with St. Joseph-Lincoln Senior Service Center members only. **Registration is required for this event.**



MICHIGAN SECRETARY OF STATE
**MOBILE OFFICE
IS COMING TO YOU**

PACE OF SOUTHWEST MICHIGAN

Wednesday, November 5th, 1:30 pm

Join PACE (Program of All-Inclusive Care for the Elderly) staff members as they share information about a unique healthcare solution for seniors who struggle with health issues that may jeopardize their independence. PACE services are designed to help seniors remain safely in their home while providing much needed respite for family caregivers. **Advance registration is required.**



COREWELL HONORS VETERANS

Friday, November 7th, 1:30 pm

Join Stephanie Kostizen of Corewell Health Veterans Support Services for a presentation honoring the veterans in our community. In addition to a ceremony celebrating your service, this presentation will feature an overview of local resources and community options available to veterans, as well as a Q&A session to address specific needs, and look at how Corewell Health provides for the unique needs of veteran patients. If you have a history of military service, please share your branch and era during registration so we can properly acknowledge your service. **Registration is required for this event. Please share your branch and era of service when you register.**



FINDING YOUR BEST MEDICARE PART D PLAN

Tuesday, November 18th

See below for available times

Join Bob Hopkins for one of our 90-minute Medicare Part D assistance sessions: 8:30 am-10:00 am, 10:15 am-11:45 am, 12:30 pm-2:00 pm or 2:15 pm-3:45 pm. Workshop participants should plan to bring a complete list of prescription meds (including strength and dose), a list of pharmacies they're willing to use, and their Medicare card to the session in order to complete the update. **Medicare Advantage or Plus Plans, please contact Area Agency on Aging for assistance. Please contact the center to sign up for the Medicare Part D session of your choice. Space is limited.**



CHIKAMING OPEN LANDS CONSERVANCY

Tuesday, November 18th, 10:30 am

Join Chikaming Open Lands (COL), a local land conservancy dedicated to preserving the open spaces and natural rural character of southwest Berrien County as they share how their program benefits our community and how to participate as a donor and/or volunteer. Thomas and Eileen Chapman will join the discussion to share their experience of donating to COL a 33 acre tract of land adjacent to the Royalton Nature Trail. **Advance registration is required.**



PROGRAMS

DIGITAL SKILLS: MICROSOFT WORD 101

Wednesday, November 19th, 10:00 am

Join Brian Johnston, Lincoln Township Public Library Adult Services Librarian as he offers a guide to Microsoft Word basics, from saving a document to formatting text. Participants learn how to format documents for personal use. **Class size is limited and registration is required.**



BEGINNING FLORAL ARRANGING: THANKSGIVING CENTERPIECE

Tuesday, November 25th, 10:00 am

\$30 per person, payable at sign-up.

NO REFUNDS

Make checks payable to Linda Stone

DEADLINE TO REGISTER IS NOVEMBER 19TH

Join florist Linda Stone in the Art Room as she guides students in creating a beautiful Thanksgiving centerpiece. Learn basic floral design principles, flower preparation and preparing your containers using floral foam to hold your greenery and flowers in place. Containers and flowers are included in the price of the class. **Students are asked to bring sharp scissors or pruners to cut stems. Space is limited and advance registration is required.**



TRAVEL TIPS FOR SENIORS:

ALMOST EVERYTHING YOU WANTED TO KNOW ABOUT RIVER CRUISING

Tuesday, December 2nd, 10:30 am

Ready to trade the crowded cruise ship for a more intimate journey? If you like the idea of unpacking once and seeing new things every day, join Travel Agent Caryl Olson of Cruise Planners and discover the relaxing and enriching world of river cruising, packed with travel tips specifically for seniors. **Advance registration is required.**



REDUCE THE EFFECTS OF TOXINS IN YOUR ENVIRONMENT

Thursday, December 4th, 1:30 pm



We can be exposed to many toxins in our daily life if we are not aware of them. Find out where common toxins such as mold, pesticides and plastics come from, and the symptoms they can cause like headaches, skin reactions and brain fog...then learn ways to reduce the effects of these toxins on your health. Dr. Jane Oelke, ND PhD from Natural Choices, Inc. will be leading this class. **Advance Registration is required.**

SILVER TONES CHOIR HOLIDAY CONCERT

Monday, December 8th, 2:00 pm



The holiday season is nearly upon us, and the air will soon be filled with the joyful sounds of Christmas! The SJLSSC Silver Tones Choir is busy preparing a special program to usher in the festive spirit with a collection of classic carols and heartwarming holiday tunes. **Please register in advance for this program.**

DIGITAL SKILLS: MICROSOFT EXCEL 101

Wednesday, December 10th, 10:00 am

Join Brian Johnston, Lincoln Township Public Library Adult Services Librarian as he offers a guide to Microsoft Excel basics, teaching fundamental skills including organizing data, managing worksheets and sorting and preparing files for printing or sharing. **Class size is limited and registration is required.**

123	456	789	1011	1213
14	462	4764981	4613433	1384
3	51781	4311894	1321	351
4	4764816	1845	13678	465
5	4311729	5468778	190	51781
6	1680	655014	297	1781
7	5468613	1682	51616	32192
8	654849	156453	1616	1973
9	170	1682	32027	32192
10	56288	681	1808	1781
11	1517	31862	1808	1176
12	516	1643	1616	157149
13	97	1643	1011	973

IMPORTANT REMINDERS

Remember to **sign in** when **entering the building** for any reason, even to sign up for a trip, return a library book or sign up for a program. You need to go through the screens until you find the activity/activities you are here to attend and remember to hit FINISH when done so it will log your day's activities.

If you cannot attend a program you've signed up for, **please call and cancel**.

We have a **large library** filled with fiction and non-fiction books, as well as audio books, current magazines & DVDs. Please check these items out at the front desk.

Our **Library is not presently accepting book donations**, however, we are accepting magazines which should not be older than 3 months.

If you would like an email reminder when the newsletter is posted online, please email us at support@sjlsc.org.

We are **not accepting** fabric donations at this time.

If you **misplaced a personal item** such as a book, eyeglasses, or clothing, please stop at the front desk and we will point you in the direction of our Lost & Found.

Please **remember to sign up** for all programs that you'd like to attend.

Be sure and check the "Community Resource Center" bookcases located in the SJLSSC Game Room for information about assisted living facilities, bereavement counseling, senior care, veterans, MMAP, safe pill disposal, recycling events and more.

We are **in need of sympathy cards and light colored envelopes**. Please no Christmas cards at this time.

REMINDER

Please **check the Recurring Schedule (page 16) every month**. If we know that a class is cancelled when the newsletter goes to print, we will note it and no robo call will be made.

**KINDNESS
WEEK**

November 10-16

Kindness Week came into being when several humanitarian groups came together on November 13, 1997, and made a Declaration of Kindness. What started as Kindness Day turned into Kindness Week, where everyone is encouraged to make a similar declaration of kindness and charity.

IMPORTANT REMINDERS



Our newsletter is our **major line of communication** with our members. We strive to provide you with up-to-date information when the newsletter goes to print, which is about two weeks before we mail it. Please take the time to look at this newsletter each month so that you can stay informed on all of the important happenings at our Center.



IMPORTANT
INFORMATION

Please **call ahead** if you need loan equipment.

To be eligible to use the services at our Senior Center, **you or your spouse need to be 60 years of age or older**. You need to be in our service area to use our transportation, run for our Board of Directors and/or vote in our Annual Board Election.

We are **not accepting puzzles over 500 pieces**.

Please remember if you have robo call blocker, **you will not receive our calls**.

Please remember that you will only receive robo call updates on programs that you have signed up for in advance or classes you have checked in for in the last six months.

We are asking that everyone **exit our Center by 3:45 pm** so the Staff can securely close our building. All doors will be locked at 3:00 pm, EXCEPT for the main entrance, (door #1). We appreciate your cooperation!

We only accept **cash or checks for all payments** to our Senior Center.




Please **arrive at least 10 minutes before a program begins** so you are not interrupting a program by arriving late.

Class descriptions are available at the front desk, on our website and on the bulletin board by the gym entrance.



The first Thanksgiving was celebrated in 1621 over a three day harvest festival. It included 50 Pilgrims, 90 Wampanoag Indians, and lasted three days.

RECURRING SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am - Resistive Exercise	9:00 am - Resistive Exercise NO CLASS 11/4 & 11/11	9:00 am - Resistive Exercise	9:00 am - Resistive Exercise NO OVERFLOW 11/20	8:30 am - Zumba
9:30 am - Quilting Group	9:30 am - Pinochle LAST SESSION UNTIL SPRING 11/4	9:00 am - Greeting Card Making	10:00 am - Range of Motion	9:30 am - Chair Yoga
10:00 am - Calisthenics	10:00 am - Range of Motion NO CLASS 11/11	10:00 am - Calisthenics	12:00 pm - Tai Chi NEW TIME	10:30 am - Beginner Pickleball
10:00 am - Jokers and Marbles	11:00 am - Chair Drumming NO CLASS 11/11	11:00 am - Balance Class	12:30 pm - Beginner Pickleball 3rd WEEK ONLY	12:00 pm - Parkinson's Exercise
11:00 am - Balance Class	12:30 pm - Advanced Pickleball	11:45 am - Cardio Drumming	12:30 pm - Scrabble	12:30 - Intermediate Pickleball NEW TIME
12:00 pm - Tai Chi	12:30 pm - Advanced Ukulele	12:00 pm - Parkinson's Exercise	12:30 pm - Hand & Foot Cards	1:00 pm - Euchre
12:00 Corn Hole NO SESSION 11/10	1:00 pm - Euchre	12:30 pm - Dominoes IN CARD ROOM 11/26	1:00 pm - BINGO 2nd WEEK ONLY	
12:30 pm - Hand & Foot Cards	2:00 pm - Beginner Ukulele	1:00 pm - Mah Jongg	2:00 pm - Intermediate Pickleball 3rd WEEK ONLY	
1:00 pm - Art Co-Op See bulletin board for weekly topic	<div><p>• Class descriptions are posted on the bulletin board outside the gym and additional information is available at the front desk.</p></div>	1:00 pm - Advanced Pickleball	<div><p>NOVEMBER BINGO</p><p>Please do not enter the Gym until the room is set up.</p><p>Thank you!</p><div><div>13</div><div>\$2 Bingo</div></div></div> 	
1:45 pm - Line Dancing for Absolute Beginners NEW TIME NO CLASS 11/10		1:00 pm - Stitch & Chat		
1:30 pm - Choir Group		2:30 pm - Intermediate Pickleball		
2:45 pm - Line Dancing - Beginners/High Beginners NEW TIME NO CLASS 11/10				

WHAT WE HAVE TO OFFER

- Arts & Crafts
- Betty Kohn Outdoor Fitness Zone
- Board Games
- Book Club
- Bowling Group (Seasonal)
- Cards/Games
- Circuit Training Room - Open **9:00 am-3:00 pm**
- Community Resource Center
- Computer Lab
- Educational Programs
- Fitness Classes
- Foot Clinic
- Friendship Garden (seasonal)
- Garden Nook
- Golf League (Seasonal)
- Hanes Family Wild Flower Trail
- Healthy Eats - M-F 11:00 am - 1:00 pm
- Lending Library
- Loan Closet
- Pickleball
- Priscilla Upton Byrns Walking Trail & Gardens
- Puzzles (to take home)
- Softball (Seasonal)
- Transportation In Our Service Area
- Trips
- Ukulele Classes
- Videos Of Exercise Classes On Our Website
- Videos Of How To Properly Use Our Circuit Training Room & Fitness Zone Equipment On Our Website
- Volunteer Opportunities
- Website & Facebook
- Wood Shop - **9:00 am-3:00 pm, Closed 11/3**

WOOD SHOP

WOOD SHOP GENERAL INFORMATION

CURRENT HOURS/DAYS OF OPERATION

Monday-Friday 9:00 am-3:00 pm

CLOSED 11/3

To use the Wood Shop, you must be a current member of SJLSSC and schedule an appointment for a mandatory Safety Orientation Class, **which are on Wednesdays only**. Orientation Classes are \$20 and last approximately three hours. Appointments can be made at the Center front desk at least two business days in advance of the class. **The class fee includes a 1-month membership, which begins on the first business day after the orientation, as well as the materials and instruction needed for a wood shop project, to be completed during your first month.** Safety glasses are mandatory. If you do not have a pair, you can purchase them at the front desk; \$2 for regular safety glasses and \$5 for glasses that fit over a prescription.

To use the Wood Shop after orientation, you need to have an active Wood Shop membership and sign all membership documents. All fees are to be paid at the front desk before you can use the Wood Shop.

Wood Shop Membership Fees

- \$5 daily fee
- \$20 monthly fee
- \$30 monthly fee for couples
- \$200 yearly fee or \$300 yearly fee for couples.

NO REFUNDS AFTER PAYMENT IS RECEIVED.

Please ask for a copy of the Member Guidelines so you are aware of how the Wood Shop operates. For more details on the Wood Shop please call or stop at the front desk.



WOOD SHOP PROGRAMS

EPOXY RESIN TECHNIQUES DEMO CLASS

Tuesday, November 4th

Wednesday, November 5th (2-day class)

3:00 pm-6:00 pm

Instructor: Tom Hurst

Open to all SJLSSC members

\$20 per person, payable at sign-up

NO REFUNDS

In a classroom setting, your instructor will demonstrate how to use two-part epoxy as an adhesive, void repair and color fill embellishment to your projects, as well as demonstrate a resin cast, river-pour cutting board. Students will learn about clear and colored epoxies, thickening agents and structural reinforcements. This is a two day class to allow resins to cure and provide time to demonstrate how to abrade and polish finished work. The knowledge you gain from this class will allow you to have a strong foundation for your epoxy journey. **Class size is limited and registration is required.**

BANDSAW TREASURE BOX

Wednesdays, November 5th or

December 3rd

12:00 pm-3:00 pm

Instructor: Tom McDonough

Open to SJLSSC Wood Shop members only

\$25 per person, payable at sign-up

NO REFUNDS

In this hands-on class students will get an overview of the process and procedures needed to make a treasure box using only the bandsaw. The class begins with a short orientation with samples, process overview, then it's into the shop with the goal of completing your functional Bandsaw Box. The Wood Shop will provide all the tools, equipment and a wooden blank to complete your treasure box. Standard and accepted safety rules are to be followed. Hearing and eye protection is required. Filter/mask and shop apron are optional. **Class size is limited and sign up is required.**



WOOD COASTER CLASS

Monday, November 17th

12:00 pm-3:00 pm

Instructors: Ed Koehler and Sarah Melcher

Open to SJLSSC Wood Shop members only

\$25 per person, payable at sign-up

NO REFUNDS

Join instructors Ed Koehler and Sarah Melcher to layout, cut, glue, plane and finish a set of 4 unique wooden drink coasters. We will let your creativity bloom as you build your custom coasters. These make a wonderful gift for the holidays! **Class size is limited and registration is required.**



TRIP SUGGESTIONS

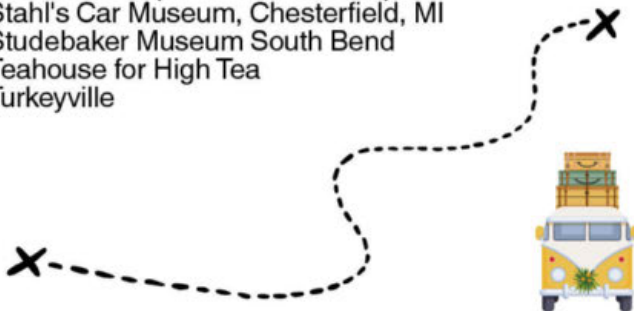
VOTE FOR YOUR FAVORITE 2026 TRIP SUGGESTIONS!

We've gathered your suggestions for potential 2026 day and overnight trips and now it's time for members to vote for their favorite day and overnight adventures! **Review the complete list of suggested trips and visit the bulletin board across from the Gym to place your vote. Each member may cast multiple votes, provided that no member votes for the same trip more than once.** Voting will run from Wednesday, October 29th through Wednesday, November 26th. We will use the trips with the most votes to plan the Center 2026 trip schedules.

DAY TRIPS

- Binder Park Zoo
- Brown County, IN Fall color tour
- Cambridge House and Gardens, North of Detroit
- Centerville with lunch at Amish Home, stopping at various Amish stores
- Chicago Botanical Garden
- Chicago Cubs Game (Venue Gallagher Way)
- Chicago Dining Tour
- Chicago Glessner House (Servants Tour)
- Chicago Goodwin Theater (Christmas Carol)
- Chicago Museums, Art Institute, River cruise, Architecture tour
- Cranbrook House, Bloomfield Hills, MI
- Detroit Lions Game
- Detroit Tigers Game
- Detroit, Art Museum
- Dowagiac History Museum
- Drury Lane, Theater in Oakbrook Terrace, IL
- Fort Wayne, IN (Vera Bradley and Coliseum Shopping area)
- Frankenmuth, MI
- Gerald R. Ford Museum, Grand Rapids, MI
- Gilmore Car Museum
- Grand Rapids Art Prize
- Greenfield Village
- Heston Steam Museum, LaPorte, IN
- Ikea
- Kalamazoo (Air Museum, Kalamazoo Downtown and Crossroads Mall on Westnedge)
- Kane County Flea Market, St. Charles, IL
- Krider World's Fair Garden, Middlebury, IN
- Meijer Gardens Chihuly Exhibit
- Muskegon, Lake Express
- Muskegon, Lakeside Neighborhood District for shopping
- Paw Paw (St. Julian Winery wine tasting)
- Redford Theater (near Detroit)
- Saugatuck (Paddleboat, Star of Saugatuck)
- Shipshewana
- South Haven (Maritime Museum)
- Stahl's Car Museum, Chesterfield, MI
- Studebaker Museum South Bend
- Teahouse for High Tea
- Turkeyville

ROAD TRIP!



OVERNIGHT TRIPS

- Antique Toy and Firehouse Museum, Bay County, MI
- Alaska Cruise
- Alpena, MI
- Ark in Kentucky/Noah's Ark
- Atlantic City, New Jersey
- Blue Ridge Mountains
- Boston, MA
- Branson, MO
- California
- Canadian Rockies and Glacier National Park
- Cape Cod
- Charleston, SC
- Chicago-Museums, River Cruise 2 days, 1 night)
- Cleveland, OH Rock Hall of Fame, World Class Art Museum, Great Waterfront
- Colorado (Garden of Gods, Royal Gorge and Colorado Springs)
- Cruise
- Door County, WI
- Fall Color Tour out East
- Florida - Fort Lauderdale
- Frankenmuth (overnight)
- Gatlinburg, TN
- Gettysburg, PA
- Graceland
- Grand Canyon
- Hocking Hills, OH
- Houseboat
- Island of Courdes
- Key West
- Las Vegas
- Louisiana
- Mackinac Island (Labor Day Walk or Grand Hotel)
- Maine
- Mall of America
- Montreal, Quebec and Ottawa
- Mount Rushmore and Badlands
- Nashville, Tennessee
- National Parks
- New Orleans, LA (WWII Museum)
- New York City
- North Carolina (Biltmore House)
- Northern Lights
- Pennsylvania-Falling Waters (Frank Lloyd Wright House)
- Philadelphia, PA
- Pictured Rocks, MI
- Riverboat cruise
- Route 66
- Show train
- Stratford Shakespeare Festival (Canada)
- Toronto, Niagara Falls
- Train ride out west
- Vermont
- Washington DC
- Whale watching



THANK YOU DONORS!

TO EVERYONE WHO BRINGS GOODIES OR SNACKS:

Sandra Kay's, Walgreens, Sharon Kabel, Kathy Nisbet, Daniel Tonkel, Donna Lyon, Sandy Andert, David Ingeson, Adolf Pelzer, Rachel Kaufman, Dale Spencer, Tracy Spletzer, Dolores Frantz, Barbara Kunde, Jan Kosinski, Frank Alsup, Nancy Stock, Caryn McFall, Betty Ramsey, Deb Bowlitt, Jerry Geiger, Phyllis Herod, Mary Donald, Carolyn Strzyzkowski, Serge Schillio, Gloria Hopkins, Celina Bevelhymmer, Diana Post, and Marilyn Stevens

TO EVERYONE WHO DONATES OTHER ITEMS THAT BENEFIT THE CENTER AND MEMBERS:

Walgreens, Diane Bates, Betty Ramsey, Debbie Johnson, Else Elsner, Dee Kuriata, Jeannette Jeske, Ali Hansen, Adolf Pelzer, Sally Hoffman, Dolores Frantz, Bob Hopkins, Kim Heil, Jerry Radenbaugh, Celina Bevelhymmer, Claire Gillespie, Gloria Winn, Pauline Fox, Bob & Ann Niedbala, Millie Carney, Rick Freridge, Jerry Hanes, Jean Christensen, Amy Reutlinger, Randy Kaeding, Karen Brandt, Sally Hoffman, Barbara Kunde, Dennis McCarthy, Tanya Sobaski, and Alan Rumney

MONETARY CONTRIBUTIONS:

- **Donations to our Transportation Program:** Elfie Krebs, Ruth Betker, and Kathy Garbarino
- **Donations to the Building Fund:** Judy Schultz, Jackie Brenneke, Mike & Tami Genovese, Celina Bevelhymmer, Frank Alsup, Madelyn Huelsberg, Chris Wright and Anonymous Donors
- **Donations to Bakeless Bake Sale:** Celina Bevelhymmer, Mary Sundblad, Elfie Fitz, Phyllis Herod, Kim Edinger, Pat Coons, Susan Szymczak, Janet Taylor, Cathy Eppard, Sheryl VanderPloeg, Sharon McFall, Gertrude Krajecki, Joan Contardo, Burwell & Christine Carmichael, Robert & Ann Niedbala, Jeanne Hoesley, Michael & Lori Enders, Linda Stone, Lillian Hasse, Rex & Raelene Stickney, Susan Greco, Joyce Wood, Ken & Barb Mach, Judy Paruch, Virginia Kuball, Frances LeCount, Hong Son, Judy Benson, John & Helma Schlaman, Michael & Joan Peden, Betty Ramsey, Rick & Sondra McAndrew, Joanne Sutton, Bob & Janet Hahn, Carol Ann Roden, Bonita Poschke, Teena Lindstrom, Connie Ferrier, Delores Dickinson, James & Dea Thompson, Ginger K., Lydia Groth, Dennis McCarthy, J.W. & K.A. Hanley, David Ingeson, Hue Le, Harriet, Janet & John Smiedendorf, Sharon Baker, Scott & Janice Fischer, Richard Prendergast, Doug & Linda Cooper, Barb Dorow, Lenn Murdock, George & Julie Petzke, Linda Kincade, L.J. Sadler, Mark Gray & Barbara Gray-Maruk, Aileen VandeKoppel, Reed and Anonymous Donors
- **Donations to the Circuit Training Room:** Denny Meadows, Jackie Brenneke, Frank Alsup, and Debbie Johnson
- **Donation to the Brick Fundraiser:** Dennis & Lyla Metz
- **Donation to Resistive Exercise:** Ruth Betker
- **Donation to Exercise Classes:** Anonymous Donor
- **Donations to the Wood Shop:** Carl Carlson, Michelle Wloch, Marsha Meyer, Sarah Melcher, Ronald & Roseann Schramm, and Anonymous Donors
- **Donations for our Silent Auction:** Rick & Barb Freridge, Tom & Jean Oatman, and Jim & Bonnie Hlifka
- **Donations to the Loan Closet:** Amie Witkowski, Anne Odden, Lifegate Baptist Church, Lance Cortson, Sandra Riehl, Heather Catania, Anneliese Keehn, Tanya Sobaski, Wes Eichler, Steve Caple and Jerry Metz
- **Donation to the Library:** Elizabeth Mundy
- **Donation in Loving Memory of William Frantz, Sr.:** Dolores Frantz
- **Donation in Memory of Carol Bond:** Mary Sundblad
- **Donation of Thrivent Choice Dollars:** Donna Lippert

SPECIAL THANKS:

- Thank you to everyone that visited the Sandbar & Grille between September 8th and September 11th to support the SJLSSC fundraiser. Thanks to the generosity of our supporters and the Sandbar & Grille, we raised \$1,000 for the SJLSSC Building Fund!
- Thank you to Henderson Brothers Tree Service for the wood chips they have provided us for our Wild Flower Trail.

CENTER WISH LIST

Coffee - Regular & Decaffeinated
Individually-wrapped candy
Bottled water

WOOD SHOP WISH LIST

Small to toddler socks
Yogurt Cups

HEALTHY EATS FALL MENU

Looking for a quick, delicious, and wholesome meal? Stop by Healthy Eats presented by Base Bowls & Co. in Friendship Hall! Open Monday through Friday, 11:00 am to 1:00 pm, Healthy Eats serves a tasty variety of soups, salads, and sandwiches made daily. Members can now pre-order hot meals for Mondays, Tuesdays, and Wednesdays. Simply register at the Healthy Eats counter before 1:00 on Friday to secure your plate for the following week. Remember to check in on the entrance monitors when you arrive. Payment is cash only, and while they don't sell drinks, you are welcome to bring your own!



St. Joseph – Lincoln
Senior Service Center
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St. Joseph, MI 49085

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Building Custodian	Tai Huynh

AND ALL OF OUR WONDERFUL VOLUNTEERS!

HELPFUL PHONE NUMBERS

Area Agency on Aging	(800) 654-2810
Elder Abuse	(855) 444-3911
Health & Human Service	2-1-1
Lakeshore Legal Aid	(888) 783-8190
Medicaid Hotline	(800) 642-3195
Medicare Questions	(800) 633-4227
Michigan OMBUDSMAN	(866) 485-9393
National Do-Not-Call	(888) 382-1222
PACE of SW Michigan	(855) 243-8876
Senior Help Line	(800) 654-2810
Social Security	(800) 772-1213
To Report a Scam-Treasury Dept.	(800) 366-4484
Veterans Affairs Office	(269) 983-7111

NOVEMBER ACTIVITIES

- 3 Art Co-Op (offsite) 1:00-4:00 pm
- 4 Sec of State Mobile Office 10:30 am-2:30 pm
- 4 Art Co-Op (offsite) 1:00-4:00 pm
- 4 Wood Shop: Epoxy Resin Techniques 3:00-6:00 pm
- 5 Pace of SW MI 1:30 pm
- 5 Wood Shop: Bandsaw Treasure Box 12:00-3:00 pm
- 6 **STAFF DAY - CENTER IS CLOSED**
- 7 We Honor Veterans Program, Corewell 1:30 pm
- 11 Veteran's Day Breakfast 9:00 am
- 12 Book Club 10:00 am
- 13 Bingo \$2 1:00 pm
- 13 Mosaic Pendant Jewelry 1:00 pm
- 17 Holiday Silent Auction Begins - ends 11/21
- 17 Wood Shop: Coaster Class 12:00-3:00 pm
- 18 Medicare Part D Plan - Multiple Sessions all day
- 18 SW MI Land Conservancy 10:30 am
- 18 Weight Room Training - Stretch Bands 10:30 am
- 19 Digital Skills - Microsoft Word 101 10:00 am
- 20 Newsletter Mailing 8:30 am
- 20 Board Meeting 10:00 am
- 21 Cookies & Canvas 12:00-3:00 pm
- 25 Beginning Floral Arranging 10:00 am
- 25 Stamp Camp 12:00 pm
- 27 **HAPPY THANKSGIVING - CENTER IS CLOSED**
- 28 **CENTER IS CLOSED**



NOTE: All advertising content is not endorsed by the Saint Joseph-Lincoln Senior Service Center, but is the view of the presenting organization.