

# THE ANCHOR NEWS



***St. Joseph-Lincoln  
Senior Service Center  
3271 Lincoln Avenue  
St. Joseph, MI 49085  
(269) 429-7768***

**[DIRECTORSJLSC@COMCAST.NET](mailto:DIRECTORSJLSC@COMCAST.NET)  
[WWW.SJLSC.ORG](http://WWW.SJLSC.ORG)**

**HOURS: MONDAY THRU FRIDAY 8 AM TO 4 PM**



## **IMPORTANT ELECTION DATES**

See dates below for the nominating/election process:

Sep. 16th	Presentation of Nominees to Board
Sep. 27th	Candidate Interviews
Sep. 30th	Candidate Meet & Greet 11:15 am in Friendship Hall
Oct. 8th 11th & 12th	Absentee Voting 8 am-4 pm
Oct. 14th	Board Elections 9 am-4 pm
Oct. 21st	Board Meeting with Election of Officers 10:00 am
Oct. 22nd	Annual Breakfast 9:00 am Must sign up by October 15th

Areas that qualify for voting are the City of St. Joseph, the Townships of St. Joseph, Lincoln and the north section of Royalton (Marquette Woods Road and north) as well as the Villages of Stevensville and Shoreham.



Unfortunately, as this newsletter goes to print Berrien County has been placed at the high risk level for COVID-19, which means we need to take a few steps backwards. The Berrien County Health Department has strongly recommended that mask wearing in indoor settings be in place when 6 ft. of social distance cannot be constantly maintained. So, for the time being, it will be mandatory that everyone coming to our Center wear a mask. We all hope this guideline will be short-lived but, as always, we will put the health of our members and staff first. If you have any questions, please give us a call.



## **QUILT RAFFLE**



Our beautiful quilt is on display and getting ready for a new home. We have lots of tickets needing to be sold. For that to happen we need two things: buyers and sellers. Volunteers are needed to sell tickets. Please see Sharyl to sign up for a time slot. Buyers remember tickets are \$1 each or 6 for \$5, with a weekly winner drawn to receive 5 free tickets. Final drawing will be on December 3rd. We would like to express a big thank you to the quilting ladies for all of your hard work in producing another beautiful quilt!

**The Center will be closed Monday,  
September 6th, in observance of Labor Day.**



## PRE-REGISTRATION IS REQUIRED FOR THESE PROGRAMS

The programs listed below were in August's newsletter. If you would like more detailed information about a program, refer to that newsletter or call the Center for more details.

### PHONE & ONLINE SCAMS

Thursday, September 2nd, 11:00 am



### MICHIGAN BOYS IN BLUE

Thursday, September 9th, 10:30 am

### SAVE ON YOUR ELECTRIC BILL

Monday, September 13th, 10:30 am

\*\*\*\*\*



### BRAIN HEALTH

Thursday, September 23rd, 10:00 am



How is your mental fitness? Do you worry about your memory or your ability to come up with good ideas or make good decisions?

Attend this presentation by Jane Oelke, ND, PhD to gain ideas on how to create dramatic improvements in concentration and focus, memory; short and long-term, comprehension; remembering what is read or viewed, and physical coordination. She will discuss daily diet choices and movement exercises that make a difference in your brain health. Come and participate in this interactive gathering, and don't forget to sign up to attend.

### MILLBURG BANK ROBBERY

Tuesday, September 28th, 10:30 am

Peter Cook, the Programs Director at the North Berrien Historical Museum, will be here to present the events of the Millburg Bank Robbery in great detail. February 21, 1925, was no ordinary day for bank tellers Miss Elizabeth Kreitner and Mr. Ben Kral. To hear the rest of this fascinating story, please sign up to attend the program.



### AARP DRIVING CLASS

Monday, October 4th, 9:00 am-3:00 pm

\$20 AARP Member, \$25 Non-member



Richard Baker from AARP will be here to give a refresher course for the older driver, which includes driving safety, State of Michigan regulations, and much more.

Check with your insurance agent for discounts upon completion of the class. To attend you must sign up at the front desk. Payment is due the day of the class. Lunch will also be available from Senior Nutrition by calling 269-921-0136, two days in advance.

### BELTONE HEARING

Thursday, October 7th, 9:00 am-1:00 pm



Dave Leitz from Beltone Hearing will be here performing hearing screenings. Appointments will be every 20 minutes. Please call the Center to schedule your appointment.

### WILLS, TRUSTS AND ESTATE PLANNING

Thursday, October 14th, 10:30 am



Roger Petzke from Troff, Petzke & Ammeson Law Firm will be here to tell our seniors what they need to know about wills,

trusts and estate planning. Bring any questions you might have. Please remember to sign up to attend this class.



### FLU SHOT CLINIC

Tuesday, October 19th, 9:00 am-12:00 pm

Sign up by October 11th



We will be hosting a flu shot clinic on October 19th. Please bring your Medicare card with you. If you do not have Medicare, the cost is \$32. Make checks payable to Spectrum Health Lakeland.

The shot is given in the upper arm, so please dress with that in mind.





## BOOK CLUB

Wednesday, September 8th, 10:00 am



The Dutch House, by Ann Patchett, is the chosen book for the month of September. The Book Club will be discussing this book and the group leader will be Sally Matzke. If you have a passion for reading and would like to join this monthly group, please call and let us know.

## FOOT CLINICS

By Appointment Only

Friday, Sep. 10th & Friday, Sep. 17th



A signed permission form by your doctor is required to receive this service. Permission forms are available at the Center or can be emailed to you. Once you have this form from your doctor, please call

the Center and we will make you an appointment. Your first visit is \$30, which includes a reusable foot care kit. Follow up visits are \$25.

## EXPLORING ART

Beginning Monday, Sept. 20th, 1:30 pm-3:30 pm

One time \$25 fee for art kit, due at sign up

Please make checks payable to Carr Pierce



### ART CLASS

Carr Pierce is an artist who is currently exhibiting her paintings in Kalamazoo and St. Joseph. She will be teaching a weekly class at our Center which will explore art by

making art, looking and talking about art, as well as sharing ideas. Activities include sketching, drawing, collage-making, and other explorations of color, design, and materials. All are welcome in the class regardless of experience. Call the Center for all the details.

## NEWSLETTER MAILING VOLUNTEERS

This month's mailing is Wednesday,  
September 29th at 9:00 am

## ATTENTION NEWSLETTER MAILING VOLUNTEERS



Beginning in September, we will be moving newsletter mailing time to **9:00 a.m.** Many thanks to all of you who show up to make sure we get these newsletters out and keep everyone informed of the wonderful things happening here at the Senior Center!

## LOOKING FOR TAX AIDE VOLUNTEERS



The AARP Tax Aide program assists seniors each year by preparing federal/state tax returns free of charge. This valuable service is a great assistance to people of limited income by saving them money in tax preparation fees. We are in need of more volunteers to become tax preparers. Volunteers must know their way around a computer, take tax law training in December/January and pass a test to be certified by the IRS and be willing to work from February 1st thru April 15, 2022. If you are interested, please contact St. Joe Local Tax Coordinator, Bob Rechner, (217-741-3478) or at [rrechner@yahoo.com](mailto:rrechner@yahoo.com).

## ROBO CALLS AND CALL BLOCKERS

We try hard to keep our members informed by sending important recorded messages, such as class cancellations and trip reminders. These calls will come to the phone numbers we have on file for you. If you have call blockers on your cell phone, you will not receive these pertinent voicemails, so please add our telephone number, **269-429-7768**, into your cell phone contacts, then the message will not be blocked.



If you would like an email reminder when the newsletter is online, please email us at [assitantsjlsc@comcast.net](mailto:assitantsjlsc@comcast.net)

## RECURRING SCHEDULE

### MONDAYS

9:00 am - Resistive Exercise  
9:00 am - Cardio Drumming **OUTSIDE**  
9:30 am - Quilting Group  
10:00 am - Calisthenics  
11:00 am - Balance Class  
12:00 pm - Tai Chi  
1:15 pm - Hand & Foot Cards  
1:15 pm - Beginning Line Dancing  
1:30 pm - Art Class **Starting Sep. 20th**  
1:45 pm - Intermediate Line Dancing



### TUESDAYS

9:00 am - Resistive Exercise  
9:30 am - Pinochle  
10:00 am - Range of Motion  
10:30 am - Intermediate Bridge Lessons  
11:00 am - Chair Drumming  
12:30 pm - Bridge  
12:30 pm - Pickleball

### WEDNESDAYS

9:00 am - Resistive Exercise  
9:00 am - Computer Lab  
9:00 am - Greeting Card Making  
10:00 am - Calisthenics  
11:00 am - Balance Class  
12:00 pm - Mah Jong  
12:00 pm - Parkinson's Exercise  
**REGISTRATION REQUIRED**  
12:00 pm - Yoga **ENDS SEPTEMBER 29TH**  
12:30 pm - Pickleball  
1:00 pm - Stitch & Chat  
1:15 pm - Dominoes



### THURSDAYS

9:00 am - Resistive Exercise  
10:00 am - Range of Motion  
11:00 am - Tai Chi  
12:00 pm - Duplicate Bridge  
12:30 pm - Beginner Pickleball **1st and 3rd week**  
1:00 pm - BINGO **2nd and 4th week**  
1:15 pm - Hand & Foot Cards



### FRIDAYS

9:00 am - Chair Yoga  
12:00 pm - Parkinson's Exercise  
**REGISTRATION REQUIRED**  
1:00 pm - Euchre  
1:00 pm - Sit & Share-Parkinson's Support Group  
**LAST FRIDAY OF EACH MONTH**  
1:15 pm - Golf Card Game/Aggravation



## DONATION OPPORTUNITIES

Contributions to our non-profit 501(c)3 corporation are tax deductible. There are many ways to donate and assist us in continuing to provide many services to our members.

**MEMORIAL DONATIONS** - Made in memory of a friend or loved one who has passed away.

**HONORARY DONATIONS** - Made in honor of someone who has enriched your life.

**BUILDING FUND DONATIONS** - Made to contribute to our direct building expense.

**BERRIEN COMMUNITY FOUNDATION ENDOWMENT FUND** - Made to ensure long term sustainability of our organization.

**PROGRAM DONATIONS** - Designate a donation for a particular program we offer at the Senior Center, exercise classes, Circuit Training Room or to one of our outside areas; the Walking Trail or Friendship Garden.

### **\*\*\*CURRENT FUNDRAISERS\*\*\***

**QUILT RAFFLE** - This is your chance to own a beautiful quilt made by our Quilting Ladies. Tickets are \$1 each or 6 tickets for \$5. A weekly winner will be drawn to receive 5 free tickets.

**BRICK SALE** - This is an opportunity for you to celebrate the life of someone by purchasing a brick to be placed on the walk around the flag poles. Remember a loved one who brought light to your life, a friend or your grandchildren. The purchase of a brick will forever honor or memorialize our loved ones. The profits from this project will assist in maintaining the Priscilla Upton Byrns Walking Trail and Gardens. Order forms can be emailed, mailed, and picked up at the front desk.

### **BINGO**

Thursday, September 9th, 1:00 pm \$1

Thursday, September 23rd, 1:00 pm 50/50 Raffle

Thursday, September 30th, 1:00 pm \$1

**YOU CANNOT ENTER THE GYM UNTIL 12:30 PM**







Meals are Funded in part by



**Menu Is Subject To Change  
Without Notice**  
**Lunch is served at 11:45 a.m.**  
**Arrive 10 minutes early**  
**SEPTEMBER 2021**  
**CALL 269-921-0136**  
**2 DAYS IN ADVANCE TO MAKE OR**  
**CHANGE LUNCH RESERVATIONS**  
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Served in partnership with the Senior Center and Senior Nutrition Services, dba Meals on Wheels of SW Michigan

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Bratwurst Roasted potatoes Broccoli apple salad Peaches Bun	2 Taco salad Zucchini & peppers Watermelon Tortilla chips	3 BBQ chicken Mac & cheese Steamed green beans Vanilla pudding/fruit
6 <b>CENTER CLOSED IN OBSERVANCE OF LABOR DAY</b>	7 Sliced roast beef Mashed potatoes Marinated vgs. Mandarin oranges	8 Carolina pulled pork Baked beans Coleslaw Mixed fruit Bun	9 Beef tips with gravy Noodles Corn Sauteed carrots Mixed berries Dinner roll	10 Fish filet sandwich Macaroni salad Coleslaw Peaches WW bun
13 Lasagna casserole Italian vegetables Sliced tomato Fruited yogurt	14 Sweet & sour meatballs over rice Peas California blend Ambrosia WW roll	15 Chicken fajitas Black beans & salsa Pears Tortilla	16 Baked pork chop Mashed potatoes Green bean casserole Biscuit Pineapple	17 Cheesy mac & beef Carrot coins Zucchini Citrus mix
20 Scalloped pots. & ham Vegetable blend Summer squash Peaches Biscuit	21 Philly steak sandwich Tom. & lettuce salad Potato salad Berry crisp Hot dog bun	22 Chef's salad 3-bean salad Zucchini salad Pears Crackers	23 Fish filet/tartar sauce Rice medley Zucchini & peppers Raisins	24 Spaghetti Turkey meatballs Sauteed broccoli Italian blend Fruit yogurt Birthday cake
27 Baked chicken thighs Cheesy potatoes Bean medley Mandarin oranges Biscuit	28 BBQ roast beef Carrot raisin salad Corn Bun Banana pudding	29 Turkey Ala King Green beans Mixed vegetables Roll Melon	30 Turkey chili w/beans Mixed vegetables Roasted potatoes Crackers Fruit jello	
			Meals provide (average per week) Carbs: 75 grams Calories: 800 avg. Sodium: 800 mg Protein: 19 grams Total fat: 30% 2% Milk	Your donation toward the cost of the meal helps to make sure that these meals can continue. Please be as generous as you can. We thank you!





**To everyone who brings goodies or donates money to the Coffee Table and for the Front Desk:**

**Claudia Figlia, Fred & Shirley Wesner, Else Elsner, Margaret O'Neill, Celina Bevelhymer, and Robert & Janet Hahn.**

**To everyone who donates other items that benefit the Center and Participants:**

**Golden Brown Bakery, Sandra Kay's Bakery, John Schmidtman, Celina Bevelhymer, Marcia Koehler, Virginia Bedunah, Marge Hardy, Lucy Ann DeVries, Margaret O'Neill, Tom Mencke, Julie Miv, Lara Izokaitis, Robyn - Store Manager of Walgreens on John Beers Road, Robert & Janet Hahn, Anna Ott, Megan Vankrimpen, Dolores Frantz, and Tim Kelm.**

### **MONETARY DONATIONS**

- ♦ **All the anonymous transportation riders along with Lee Wolford for Donations to our Transportation Program.**
- ♦ **Lee Wolford, Glenda Head, Ruth Ludlow and John Hewitt made a Donation to our General Bulding Fund.**
- ♦ **Tony & Bonnie Korican made a Donation to the Brick Fundraiser.**
- ♦ **Ann Lannert made a Donation for the Newsletter.**
- ♦ **Cathy Eppard made a Donation for the Exercise Programs.**
- ♦ **Renta Mais made a Donation for the Circuit Training Room.**
- ♦ **Jim & Toni Hardin made a Donation in Memory of Harv Hardin and Clem Hardin to Rest High on the Mountain.**



### **SENIOR SOFTBALL**



We'd like to take a moment and recognize our Senior Softball Team. Front row, left to right, is Doug Wilson, Jim Jeschke, Bob Walker, Jerry Radenbaugh, Adolf Pelzer, and Bill Morris. Back row, left to right, is Wayne Petzke, Charlie Kozup, Mike Singletory, Don Kempf, Lee Van Ginhoven, Jack Hewitt, Tim Appelman, and Jim Collier. They are a great group of guys who like to have fun, and fun they have! The team is calling it quits for this year, but if you are interested make sure you look for information about the team getting back together next spring; you are

sure to enjoy yourself!



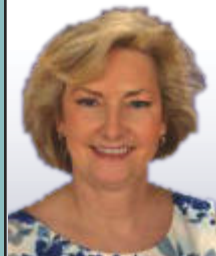


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15-0754



### RICK'S NOTES

My time is slowly coming to an end as your Board President. Four years ago Priscilla Byrns passed the torch of leadership on to me. Shortly it will be my turn to pass that torch on to the next President, due to the approval of term limits by our Board, which I supported. Our Board members may only serve 3, three year terms before they must take one year off. This allows new people with new ideas and views to contribute to the future of our Center.

My term ends in October and I'd like to think that I've helped move us forward, but it is not really so much me, as it has been a very active and productive Board of Directors, a staff dedicated to making this the best Senior Center in Berrien County and a host of volunteers that really keeps this place ticking. It is said that we are only giants because we are standing on the shoulders of those that came before us. We have been very blessed to have had a lot of great leaders here at SJLSC. They saw a need and opportunity to purchase this building from the Saint Joseph Public Schools. We could never have built a building that is as accommodating to our needs as the Old North Lincoln Elementary School building. Their foresight set us on the path we are able to build on today.

It is interesting that over 30% of our daily attendance comes from outside our service area. Why? Because we are able to offer a variety of fitness classes and educational programs free of charge. Why? Because our past and present Board of Directors continues to strive to maintain and improve our facility and our staff and volunteers work hard to meet the needs of our members. As I reflect on my nine years on our Board of Directors, I am proud to be a part of this exceptional Center that provides so much to our community. There have been so many people it would be impossible to acknowledge all of them. I would just like to thank everyone that has been involved in any way. Always know that we really appreciate everyone!

Rick Freridge

SJLSC Board of Directors President



### COOKIES & CANVAS

Friday, September 17th, 12:00-3:00 pm

\$15 per person, payable at sign up

Make checks payable to Roy Hruska



The painting for the month of September is the sunflower. Did you know that a sunflower is actually made up of thousands of tiny flowers? Each sunflower's head is made of smaller flowers and the petals we see around the outside are called ray florets.

Remember, if you sign up for this class and you cancel or don't show, your money will not be refunded.



### MOVIES AT THE CENTER!



Would you be interested in seeing a movie at the Center on a monthly basis? If so, please let us know. Due to the expense of purchasing a license to do so, this will depend on the number of people who would be interested in attending. Please call and let us know if you would like to come, eat some popcorn and watch a movie. Your input will be very much appreciated!



### IMPORTANT REMINDERS

- ⇒ Remember to sign in when entering the building. You need to go through the screens until you find the activity you are here to attend and remember to hit **FINISH** when done so it will log your day's activities.
- ⇒ The library is in need of magazines, but not older than 4 months please. Also, we do not accept VCR tapes.
- ⇒ At this time we are accepting Halloween, Thanksgiving, and sympathy card donations **only**.
- ⇒ Please call ahead to arrange for pick up of loan closet equipment.
- ⇒ We are still only providing transportation for medical appointments and activities at our Center.
- ⇒ Class descriptions are available at the front desk and on our website.







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[veterans@berriencounty.org](mailto:veterans@berriencounty.org)



When it comes to Veterans Benefits, many veterans and dependents don't know what they don't know. Nationwide, less than 10% of those eligible apply. Let us help to educate and navigate you thru the maze of what is available from discharge to death. Here are some of the many benefits:

★ Disability Compensation benefits for prior conditions, diseases or injuries that occurred in service or many years later as a result of service (e.g. Agent Orange Exposure, Camp Lejeune Contaminated Water, Post Traumatic Stress Disorder – combat or personal trauma) to name a few.

★ PTSD Counselors from the South Bend Vet Center who come to Berrien County twice a week.

★ Non-Service Connected Veterans Pension and Survivors Pension benefits (House Bound as well as Aid and Attendance) for low income veterans over age 65 or prior to age 65 that are disabled and have at least one day of wartime service (additional means tested restrictions apply).

★ Free transportation at designated stops for veterans enrolled in the VA Health Benefits Program to the VA Medical Center in Battle Creek and the VA Health Care Center in Mishawaka.

★ Financial assistance thru the Michigan Veterans Trust Fund for wartime veterans or peacetime veterans who earned an expeditionary medal (additional means tested restrictions apply).

★ Free financial coaching from an Accredited Financial Counselor and Financial Fitness Coach Counselor as well as ongoing Dave Ramsey's Financial Peace University Military Edition classes.



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15-0754

## TRIPS

### **FOREVER PLAID - DRURY LANE THEATER**

**Wednesday, October 13th - \$100 per person**

**Payable in full at sign up**



Includes roundtrip motor coach transportation, show tickets and lunch. On the way to their first big gig, tragedy strikes Forever Plaid, a “guy group” specializing in barbershop quartet harmonies and pitch-perfect melodies. Forever Plaid begins when the guys are given the chance to perform from the afterlife. This smash hit musical is a nostalgic homage to the music of the ‘50s and includes hits such as “Three Coins in the Fountain” and “Love is a Many-Splendored Thing.” Sign up soon, only a few seats left!

**MODERATE ACTIVITY**

## TRIP REMINDERS

All Center trips are for seniors 60+ and their spouses, unless otherwise noted. We only accept cash or checks. Most trips fill quickly, but waiting lists are taken. In cases of cancellations, refunds, less a \$5.00 administrative fee are given, if a replacement can be found. **We ask that you don't mail in your trip payments** because the trip could already be filled by the time we receive your payment in the mail. All of our trips depart from Roger's Foodland, 4039 Hollywood Road, St. Joseph.

Don't  
Forget!

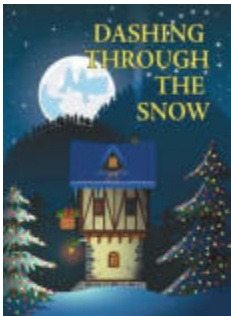


## **DASHING THROUGH THE SNOW**

### **TURKEYVILLE**

**Thursday, November 4th - \$78 per person**

**Payable in full at sign up**



Includes roundtrip motor coach transportation, show tickets and their famous all you can eat turkey luncheon buffet. Kindle your Christmas spirit with song, family and laughter! The Tannenbaum's are trying to make it back home to Michigan to celebrate Christmas with their family, but a blizzard forces them to camp out in a lobby of a small family-owned Inn. Determined to make the best of it, they find holiday spirit in the holiday favorites, such as Jingle Bells, Grandma Got Run Over By a Reindeer, O'Holy Night and many more. Hurry in to sign up soon before all the seats are gone!

**MODERATE ACTIVITY**

NOTE: “All advertising content is not endorsed by the Saint Joseph-Lincoln Senior Service Center, but is the view of the presenting organization.”

## **VOLUNTEERS NEEDED**

If you are looking for ways to give back to the community or if you have extra time in your schedule, we need you! We are in need of volunteers in the following areas:

- ⇒ Front Door Greeters
- ⇒ Front Desk Receptionists
- ⇒ Quilt Raffle Ticket Sellers
- ⇒ Handymen or Handywomen
- ⇒ Transportation Drivers
- ⇒ Gardening Club Volunteers
- ⇒ Circuit Training Room Monitors
- ⇒ Commodities Distribution
- ⇒ Newsletter Mailing

If you are interested, please call the Center and speak to our Volunteer Coordinator, Sharyl.







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SJLSC FRIENDSHIP GARDENS

**Serving the Community Since 1975**

It is the mission of the St. Joseph-Lincoln Senior Service Center to provide safe, friendly, and positive social, educational, and recreational services for the 60+ citizens of our community.

**Executive Board Members**

**President** Rick Freridge  
**Vice President** Pauline Fox  
**Secretary** Mary Sundblad  
**Treasurer** Bob Hopkins



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**Support Associate** Sharyl Freehling  
**Receptionist** Onalee Hartman  
**Staff Assistant** Sandy Draper  
**Building Custodian** Tai Huynh  
**Senior Nutrition Manager** Suzi Polega 269-921-0136



**AND ALL OUR WONDERFUL VOLUNTEERS!**

**Helpful Service Numbers**

Area Agency on Aging	(800) 654-2810
Elder Abuse	(855) 444-3911
Health & Human Service	2-1-1
Lakeshore Legal Aid	(888) 783-8190
Medicaid Hotline	(800) 642-3195
Medicare Questions	(800) 633-4227
Michigan OMBUDSMAN	(866) 485-9393
National Do-Not-Call	(888) 382-1222
PACE of SW Michigan	(855) 243-8876
Senior Help Line	(800) 654-2810
Social Security	(800) 772-1213
To Report a Scam-Treasury Dept.	(800) 366-4484
Veterans Affairs Office	(269) 983-7111



**SEPTEMBER'S ACTIVITIES**

2 Phone & Online Scams 11:00 am  
6 **LABOR DAY - CENTER CLOSED**  
8 Book Club 10:00 am  
9 Michigan Boys in Blue 10:30 am  
9 BINGO 1:00 pm  
10 Foot Clinic I - **BY APPOINTMENT ONLY**  
13 Save on Your Electric Bill 10:30 am  
16 Board Meeting 10:00 am  
17 Commodities - Monthly - 9-11:00 am  
17 Foot Clinic II - **BY APPOINTMENT ONLY**  
17 Cookies & Canvas 12:00 pm  
23 Brain Health 10:00 am  
23 BINGO 1:00 pm  
28 Millburg Bank Robbery 10:30 am  
29 Newsletter Mailing 9:00 am  
30 Candidates Luncheon 11:15 am  
30 BINGO 1:00 pm



\*\*\*\*\*

**UNITED WAY RAKE-A-DIFFERENCE**

**Nov. 11th - Berrien, Cass, & Van Buren Counties**

Seniors, age 60 and older, who are physically unable to perform yard work and can't afford to pay for services are eligible to sign up to have a team of volunteers come on November 11th. Seniors living in Berrien, Cass, or Van Buren Counties can sign up by calling **269-932-3554 starting September 1st, this phone number will not be receiving phone calls until that date.** This is a first-come-first-serve basis and will depend on the number of volunteers available to help.

